Culinary History Sources: A Selected Bibliography

Revised and updated June 2010

- If you wish to suggest more titles for this resource, please contact the Culinary Historians of Ontario at info@culinaryhistorians.ca.

Categories:

Aboriginal Cuisine

Agriculture and Horticulture

Beverages:
- Beer
- Tea
- Wine

Bibliographies

Biographies / Autobiographies:
- Aitken, Kate
- Benoît, Madame Jehane
- Moore, Mary
- Redpath, John
- Staebler, Edna
- Traill, Catharine Parr

Canadian Cookbooks:
- Canadian Cook Book, 1945
- Cook Not Mad, 1831
- Female Settler’s Guide, 1854 [1855]
- Frugal Housewife’s Manual, 1840
- Practice Of Cookery, 1829

Canadian Cuisine

Centuries:
- Seventeenth
- Eighteenth
- Nineteenth
- Twentieth

Cities:
- Ottawa, Ontario
- Peterborough, Ontario
- Toronto, Ontario

Cookbook Reprints

Company Histories

Culinary Consumerism

Culinary Material Culture:
- Heaths, Ovens and Stoves
- Sinks

Cultural and Ethnic Groups:
- Acadian
- Arab
- Asian
- Chinese
- Icelandic
- Italian
- Mennonite
- Ukrainian
- West Indian

Festivals:
- Thanksgiving

Foodstuffs:
- Additives
Baked Goods  
Eggs  
Chocolate  
Flavourings  
Potatoes  
Preserves  
Sausages  
Sugars, Sweeteners and Syrups  
Vegetables and Salads  

Music and Food  
Nutrition  

Provinces:  
Atlantic  
British Columbia  
Ontario  
Prairies  
Quebec  

Recipes, Historical  
Restaurants and Food / Kitchen Shops  

Servants  

Note to users: Some citations appear in more than one category.
Aboriginal Cuisine


Web site: “Indian and Northern Affairs Canada”: Culture and History: http://www.ainc-inac.gc.ca/ch/index_e.html

Agriculture and Horticulture


**Beverages**


**BEER:**


**TEA:**


WINE:


Bibliographies


Biographies / Autobiographies

AITKEN, KATE:


BENOÎT, MADAME JEHANE:


MOORE, MARY:

REDPATH, JOHN:


STAEBLER, EDNA:


TRAILL, CATHARINE PARR:


Canadian Cookbooks


**CANADIAN COOK BOOK, 1945:**


**COOK NOT MAD, 1831:**


**FEMALE SETTLER’S GUIDE, 1854 [1855]; later called CANADIAN SETTLER’S GUIDE**


**FRUGAL HOUSEWIFE’S MANUAL, 1840:**


**PRACTICE OF COOKERY, 1829:**


**Canadian Cuisine**


Centuries

SEVENTEENTH:


NINETEENTH:


TWENTIETH:


Cities

OTTAWA, ONTARIO:


PETERBOROUGH, ONTARIO:


TORONTO, ONTARIO:


Cookbook Reprints

Driver, Elizabeth. Introductions to titles in the Classic Canadian Cookbook Series, Whitecap Books North Vancouver:


The Home Cook Book, 1878, 2002 reprint.


Rorer, Sarah Tyson, Robin Hood Cook Book, [about 1915], 2003 reprint.

Company Histories


Culinary Consumerism


Culinary Material Culture


HEARTHS, OVENS AND STOVES:


**Cultural and Ethnic Groups**


**Acadian:**


**Arab:**


Valliantos, Helen and Kim Raine, “Consuming Food and Constructing Identities Among Arabic and South Asian Immigrant Women,” in *Food, Culture and Society, An International*

**Asian:**


**Chinese:**


**Icelandic:**


**Italian:**


**Mennonite:**


**Ukrainian:**


**West Indian:**

Festivals

Thanksgiving


Lucas, Fiona, “The condition of Turkey will be seriously considered by Canadians today” in Food History News, No. 70, XVIII,2:1,6–8.

Foodstuffs

Additives:


Baked Goods:


Chocolate:


Dairy:


Eggs:


Flavourings:

Williamson, Mary F. “Seasonings and Flavourings in Canada before 1840,” in Petits Propos Culinaires 75 (March 2004): 16–26
**Potatoes:**


**Preserves:**


**Sausages:**


**Sugars, Sweeteners and Syrups:**


**Vegetables and Salads:**


**Food Studies**


**Kitchens**


Housewifery


Military Foods


Music and Food

**Nutrition**


**Provinces**

**Atlantic:**


*Dutch Oven: A Cook Book of Coveted Original Recipes from the Kitchens of Lunenburg*, compiled by the Ladies Auxiliary of The Lunenburg Hospital Society, 1953.


**British Columbia:**


**Ontario:**


PRAIRIES:


QUEBEC:


*La Cuisine traditionnelle des Cantons-de-l'Est*, 2002.


*La Cuisine traditionnelle de Charlevoix*, 1996.

*La Cuisine traditionnelle de la Mauricie*, 1998.

*Traditional Quebec Cooking*, 1995.


**Recipes, Historical**


**Restaurants and Food / Kitchen Shops**


**Servants**
