



25 Years!

les
HISTORIENS CULINAIRE
DU CANADA



CULINARY HISTORIANS
OF CANADA

Part Three – 2015 to 2019



Fiona Lucas, October 2019
Created for CHC's 25th Anniversary

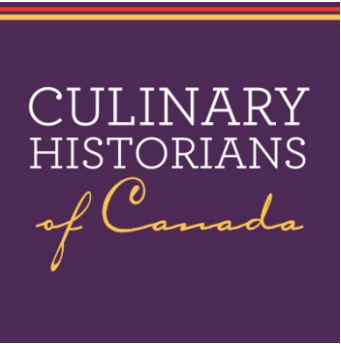
A suite of visuals, designed by **Terri Hobson** of Hobson Strategy Design, were rolled out early in 2015.



New logo paired with new tagline



Inspiring an appreciation of Canadian food history
Inspire une appréciation de l'histoire canadienne de l'alimentation



February 2015
CHC's first post



New banner



2015 | 1st Wordmark, Logo, Tagline

Postcard, front (right) & back (below)



New look for DBB



HISTORIENS CULINAIRE DU CANADA  CULINARY HISTORIANS OF CANADA

Digestible Bits and Bites

The monthly newsletter of the
[Culinary Historians of Canada](#)
 Number 25, May 2015

The CHC banner at visits Thornhill Village Festival and Leslieville Farmers Market.



L to R (above): **Shirley Farrar, Carolyn Crawford, Luisa Giacometti**



2015 | Promotional Items with New Look

les
HISTORIENS CULINAIRE
DU CANADA



CULINARY HISTORIANS
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Welcome to Culinary Historians of Canada! We're open to everyone who wants to know more about the history of cooks and cooking, foods and foodways in Canada.

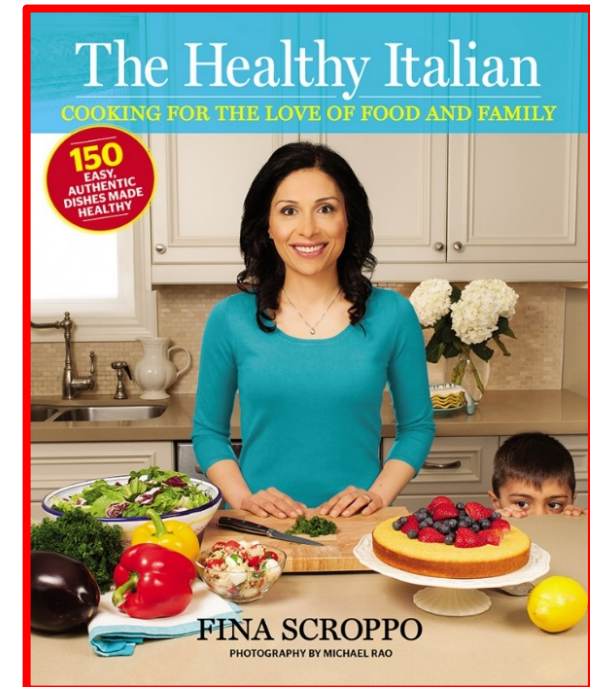
2015 | New Look for Website



Competition Judges, L to R: **Yvonne Tremblay, Marilyn Rootham, Tom Boyd, Charmian Christie, Christine Manning, Joanna Sable, Dana McAuley, Kyla Eaglesham**



Sherry Murphy's crostada won first place in the "Baking with Marmalade" section of the competition.



2015 | Fort York: 8th Mad for Marmalade

“Francis Shirriff and
the Canadian
Dinner Table”
with **Sarah Hood** at
City of Toronto
Archives



Carolyn Crawford's
antique butter-making
supplies at her dairy farm
for “Dairy”



“Roots of Vegetarianism
in Toronto” with **David
Alexander**, Executive
Director of the Toronto
Vegetarian Association.

Chickpea “tuna”, carrot “lox”
and sensational black
bean-chocolate brownies.



“Fort York Frost Fair”
L to R: **Sylvia Lovegren, Elka Weinstein,
Carolyn Crawford, Luisa Giacometti**

2015 | Some Programs

The Taste Canada Awards Hall of Fame is sponsored by the Culinary Historians of Canada



TASTE CANADA AWARDS
LES LAURÉATS DES SAVEURS DU CANADA

les
HISTORIENS CULINAIRE
DU CANADA



CULINARY HISTORIANS
OF CANADA



Rose Murray
has
authored
twelve
cookbooks
including
two Taste
Canada
Gold Award
winners.



L to R: **Nellie Lyle Pattison** (1879–1953), **Helen Wattie** (1911–2009), **Elinor Donaldson White** (1926–): *Canadian Cook Book*, first published in 1923 and many times more until 1949, then revised in 1953, with reprints until 1969.

Last year, CHC first sponsored the posthumous award, but this year we also started to sponsor the living award.

2015 | Taste Canada Hall of Fame Inductees



Winners of
Heritage
Preserves and
Pickles
Competition



The
Royal
AGRICULTURAL WINTER FAIR

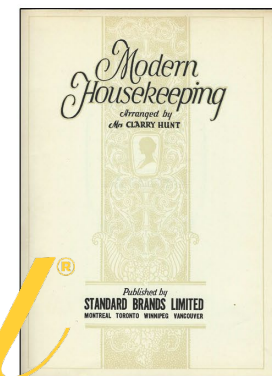
L to R: **Shirley Lum, Fiona Lucas** (in 1920s dress),
Karen Millyard, Luisa Giacometti,
Patricia Bremner and Carolyn Crawford



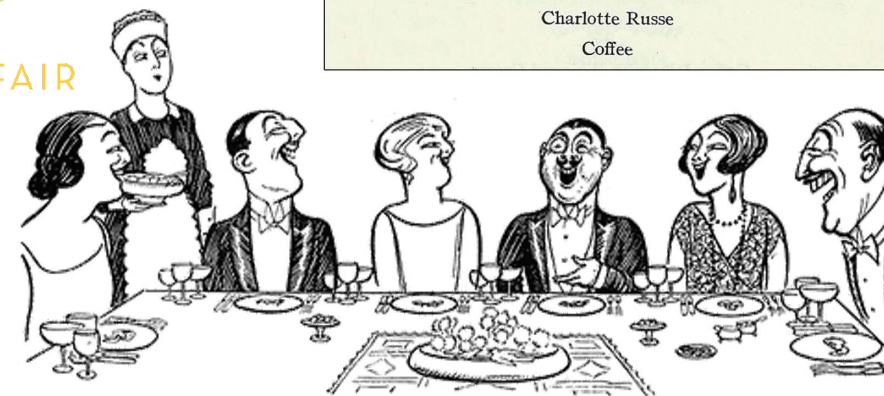
The
Royal
THE ROYAL AGRICULTURAL WINTER FAIR
NOVEMBER 6-15



A presentation by the Culinary Historians of Canada
at the Royal Agricultural Winter Fair on November 11, 2015, in Toronto



Dinner		
Shrimp Cocktail		
Tomato Bouillon		
Stuffed Olives		Cheese Straws
Steamed Turbot and Parsley Butter		
Roast Fillet of Veal with Dressing		
Browned Potatoes		Creamed Celery
Green Pepper and Tomato Salad with French Dressing		
Charlotte Russe		
Coffee		



2015 | 2nd RAWF: "Entertaining in the 1920s"

President

Luisa Giacometti

Vice President

Samantha George

Treasurer

Sylvia Lovegren

Secretary

Carolyn Crawford

Past President

Fiona Lucas

Chair of Programs

Luisa Giacometti to Oct 2016; then **Sylvia Lovegren**

Chair of Membership

Shirley Lum to Oct 2016; then **Shirley Farrar**

Chair of Electronic Resources

Michael Elliott to Oct 2016; then **Julia Armstrong**

Co-Chairs of Communications

Julia Armstrong and **Sarah Hood**

Chair of Outreach

Jane Black, as of Oct 2016

Coordinator of Refreshments

Sherry Murphy

Coordinator of Volunteers

Emily Mackenzie, as of Oct 2016

Coordinator of Publicity

Samantha George

Editor, *Digestible Bits & Bites*

Sarah Hood

We passed the 250-member mark on
our Facebook site.

Sept 2015 – Oct 2017 | 7th Board of Directors

"Baking with Marmalade"
Competition

Mark D'Aguilar's Marmalade
Cheesecake, 3rd prize

Donna Pitcher's Spiced Orange
Marmalade Cake, 1st prize



Fort York National Historic Site | 250 Fort York Blvd, Toronto
SATURDAY, FEBRUARY 20, 2016

9th Annual | **A Taste of Persia**

Mad for Marmalade, Crazy for Citrus!



Workshops | Marmalade Competition | Lunch | Speakers | Refreshments | Marketplace

Presented by:



in partnership with



and:



AGA KHAN MUSEUM

Elizabeth Baird prepping
for her "Persian
Marmalade" workshop



Tables ready to
receive 2016
attendees

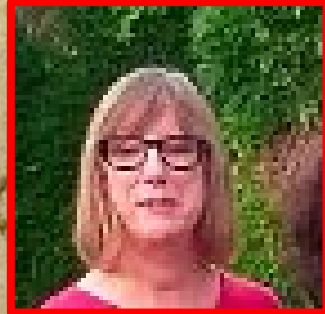
2016 | Fort York: 9th Mad for Marmalade



"Baking for the Victorian Christmas Table" at Montgomery's Inn – macaroons, queen cakes, soft gingerbread, hard gingerbread



"Dangerous, Deceitful, Delicious Melons" with **Sylvia Lovegren**



"Lost Breweries of Toronto" with **Jordan St John**

Jasmine Mangalaseril,
"Rye and Ginger,"
guest speaker at AGM



"Victualling Nelson's Navy: Food and Cooking on the High Seas in the Age of the Napoleonic Wars" with Chef **Gurth Pretty**



Sher Hackwell
Vancouver



Julia Armstrong
Toronto



Shirley Lum
Toronto



Elka Weinstein
Toronto



Susan Peters
Morrisburg



Sarah Hood
Toronto

As of August 2016, a book review section was added to CHC's monthly *Digestible Bits & Bites*, with contributors across the country.



Laura Reilly
Comox, BC



Fiona Lucas
Toronto



Michael Gallant
Toronto



Gary Gillman
Toronto



Sonja Pushchak
Vancouver

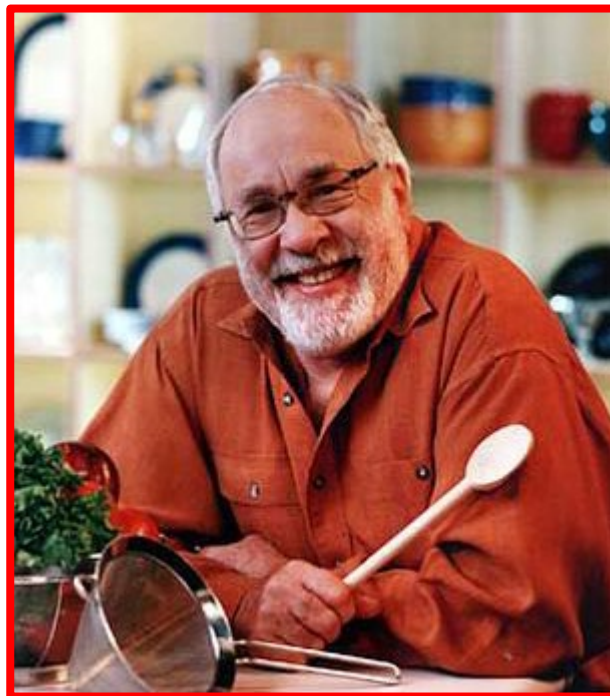


Luisa Giacometti
Toronto

2016 | Book Reviewers for DBB



GALA | 2016



Posthumous Inductee
James Barber
(1923–2007)



CHC presenters **Fiona Lucas**
and **Liz Driver** with inductee
Julian Armstrong



2016 | Taste Canada Hall of Fame Inductees



CHC President **Luisa Giacometti** describes wartime recipes to the host.



Preserve and pickle winners on display, including from the winning Heritage Pickles and Preserve contest sponsored by CHC.

L to R: **Sherry Murphy, Samantha George, Carolyn Crawford**



2016 | 3rd RAWF: “Eating for Victory”



Food historian and author **Dorothy Duncan** (left) and cookbook bibliographer **Elizabeth Driver** with CHC President, **Luisa Giacometti**

2016 | Honorary Members Duncan and Driver

Marmalade Bakewell Tart by
Moira Sanders, third-place
winner in baking category

Brenda Dalglish, "Delicious
Uses for Marmalade That Will
Never Win a Prize" workshop



CITY OF
TORONTO
HISTORIC
SITES

FORT
YORK
NATIONAL
HISTORIC
—SITE—



Mad for Marmalade, Crazy for Citrus!

Feb 18

CULINARY
HISTORIANS
OF CANADA



HISTORIENS
CULINAIRE
DU CANADA

Redpath sponsored the Marmalade
Competition for the first time in 2017



2017 | 10th and final Mad for Marmalade





"A Secret History of the McIntosh Apple" with **Marion Kane**



"Cooking with Catharine Parr Trill" with **Nathalie Cooke** (left) and **Fiona Lucas**



"Can She Bake a Cherry Pie?": Harvest Meals and Foodscapes of Plenty in Rural Ontario with **Prof. Catharine A. Wilson**



L to R: **Lenore Newman**, "The Why of Butter Chicken Pizza," with CHC board members **Sarah Hood, Sylvia Lovegren, Carolyn Crawford, Julia Armstrong** and **Ryan Whibbs**.



"Chinese New Year Dim Sum Dumplings" with **Vanessa Leung**

2017 | Some Programs

CANADA 150



CHC invited food bloggers to participate in our **Canada 150 Food Blog Challenge** by writing stories with recipes to match themes relevant to each month.

- January Fish and seafood
- February Doing without food, e.g. rationing, famine, fasting
- March All things maple
- Apr First fresh foods of spring
- May Food for mothers and grandmothers
- June Foods from the source, e.g. farm-gate stands, docksides
- July Canadian culinary history
- August Food preserving, e.g. canning, preserving, fermenting
- September History of school food: lunchbox lunches, school cafeterias
- October All things autumnal, including foods associated with Thanksgiving and Hallowe'en
- November Foods for war and remembrance
- December Festive food tales about winter holidays past



TASTE CANADA AWARDS
LES LAURÉATS DES SAVEURS DU CANADA

Three participating Canada 150 Food Blogs were sponsored by CHC into **Taste Canada's 2017 Blog Category**.

CHC's three top choices:

- [UrbnSpice: A Taste of Heart and Home](#) by Denise Paré-Watson.
- [Signe's Kitchen](#) by Signe Langford.
- [Canadian Literary Fare](#) by Shelley Boyd, Licia Canton, Nathalie Cooke and Alexia Moyer.

In April, To our surprise and delight, the social media experts at Cision named our **Canada 150 Food Blog Challenge** among their top [Seven Canada 150 Projects and Influencers You Should Follow on Twitter](#).

CHC was invited to be part of the [Vimy 100 Artois Expo](#) in Arras, France, an event organized by Education First Educational Tours to immerse Canadian students in sights, sounds, feelings – and flavours – of the Battle of Vimy Ridge on its 100th anniversary.



The CHC team with other Vimy 100 participants. Almost in the centre, wearing a white apron, is **Sherry Murphy** with (moving to the right) **Samantha George** in a floral apron, **Luisa Giacometti**, a "soldier" and **Carolyn Crawford**.

At CHC's display, **Sherry Murphy** engages Canadian students who also travelled to Vimy for the commemoration.

2017 | Vimy Ridge Commemoration



THE VIMY FOUNDATION
LA FONDATION VIMY



CANADA 150



At the Vimy Memorial



Luisa Giacometti, Carolyn Crawford, Samantha George, Sherry Murphy

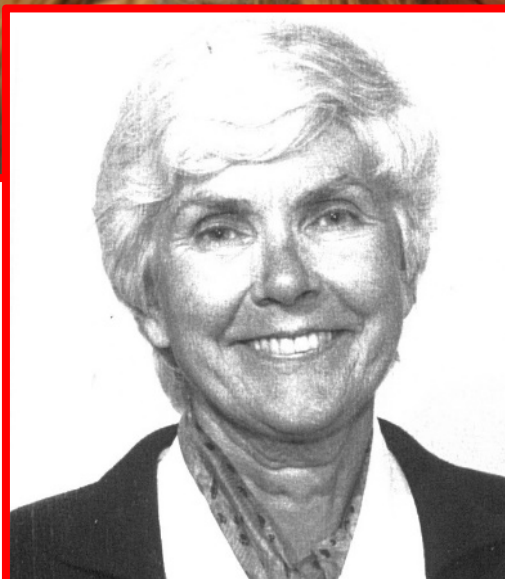
CHC's four participants each contributed their reactions to the May 2017 issue of *Digestible Bits and Bites*
<http://culinaryhistorians.ca/digest>

2017 | Vimy Ridge Commemoration



THE VIMY FOUNDATION
LA FONDATION VIMY





L: **Megan Barss**, granddaughter of Bunny Barss, accepted the Hall of Fame honour on her behalf.
 R: **Liz Driver**, who was the first Hall of Fame inductee and presented the award on CHC's behalf.

Bunny Barss

Posthumous Inductee
Edna Staebler
 (1906–2006)



TASTE CANADA AWARDS
 LES LAURÉATS DES SAVEURS DU CANADA

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2017 | Taste Canada Hall of Fame Inductees



The "Heritage Jam and Pickle Classes" were expanded into two groups each: professional and amateur.



L to R: CHC members **Sarah Hood**, **Patricia Moynihan Morris** and **Jan Main** served as judges for the preserving competition.

The collective 2017 Judges' Choice of all entries was the "Heritage Carrot Marmalade" by **Tom Boyd** of Toronto. Tom's marmalade was produced by Rootham Gourmet Preserves for the 2018 Fair.

The Royal

AGRICULTURAL WINTER FAIR

Bean Cake, War Cake
and Maple Leaf
Gingersnaps on offer
to the audience



2017 | 4th RAWF: "WWII Home Front Food"



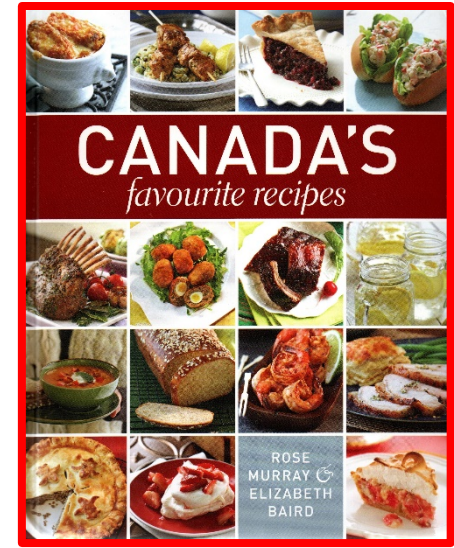
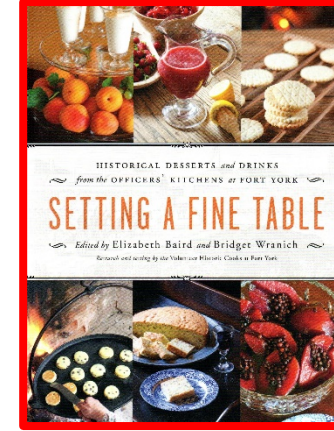
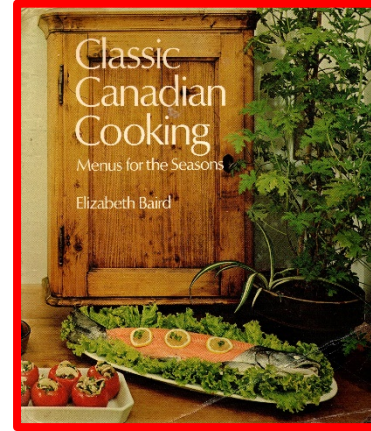
CHC Facebook group had grown to over 550 members.

L to R: **Luisa Giacometti** (President), **Shirley Farrar** (Membership Chair), **Julia Armstrong** (Co-Communications Chair), **Emily McKenzie** (Volunteer Coordinator), **Fiona Lucas** (Past President), **Samantha George** (Vice President and Publicity Coordinator), **Carolyn Crawford** (Secretary), **Sylvia Lovegren** (Treasurer and Program Chair), **Sarah Hood** (Co-Communications Chair and Editor, *Digestible Bits and Bites*). Absent: **Jane Black** (Outreach Chair).

Oct 2017 to Oct 2018 | 8th Board of Directors



Elizabeth Baird holds a wonderful embroidered plaque made by **Sherry Murphy** that outlines Elizabeth's exemplary culinary career.



Elizabeth Baird was awarded honorary membership in recognition of her long service to CHC, for excellence in Canada's culinary sector, and the field of culinary history. She was the Food Editor at *Canadian Living* for over two decades, authored and co-authored many cookbooks, and hosted programs on The Food Network. Upon retirement, she joined the Volunteer Historic Cooks at Fort York National Historic Site.



Elizabeth with her long-time friend, **Rose Murray**, at Mad for Marmalade 2017

2017 | Honorary Member Elizabeth Baird



John Ota mixing cake batter at "Baking for the Victorian Xmas Table" at Montgomery's Inn

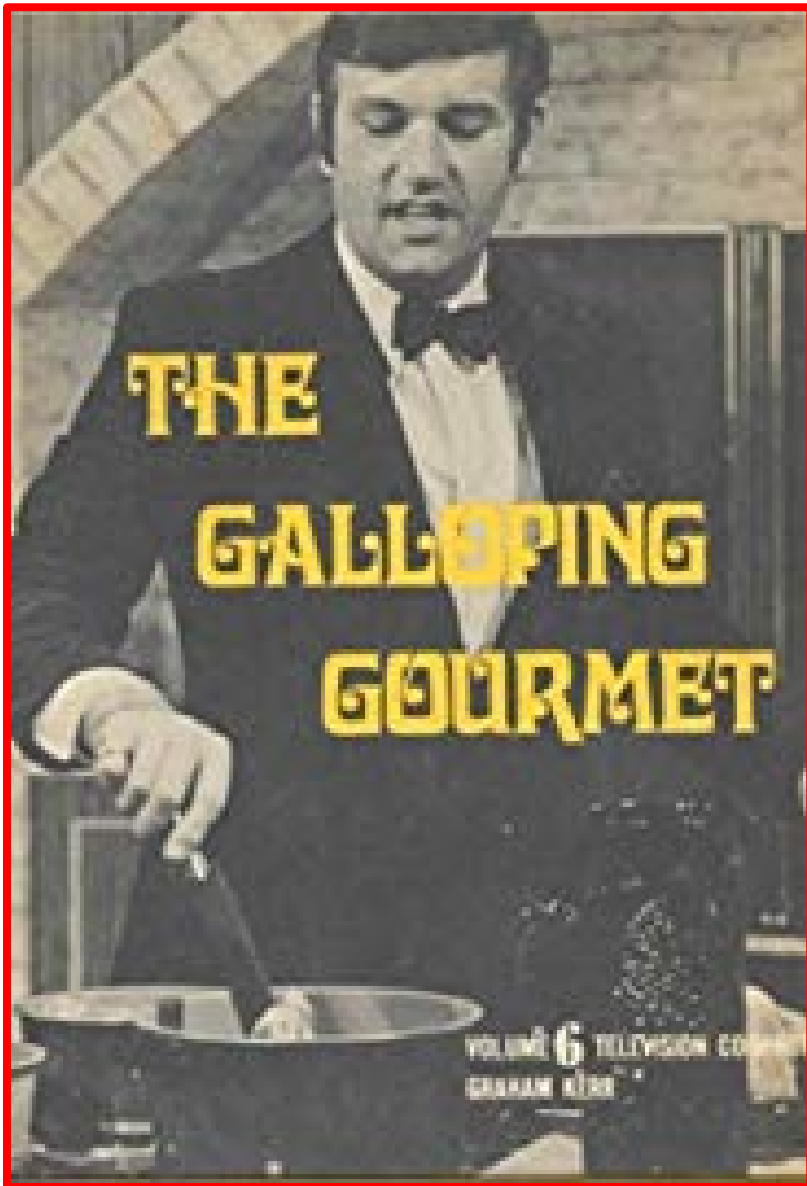
Top: Members-only tour of Thomas Fisher Rare Book Library at the University of Toronto with co-curator **Liz Ridolfo**, 6th from right

Bottom: Road trip to Parkwood National Historic Site, Oshawa



First "Hungry for Comfort" with Fort York



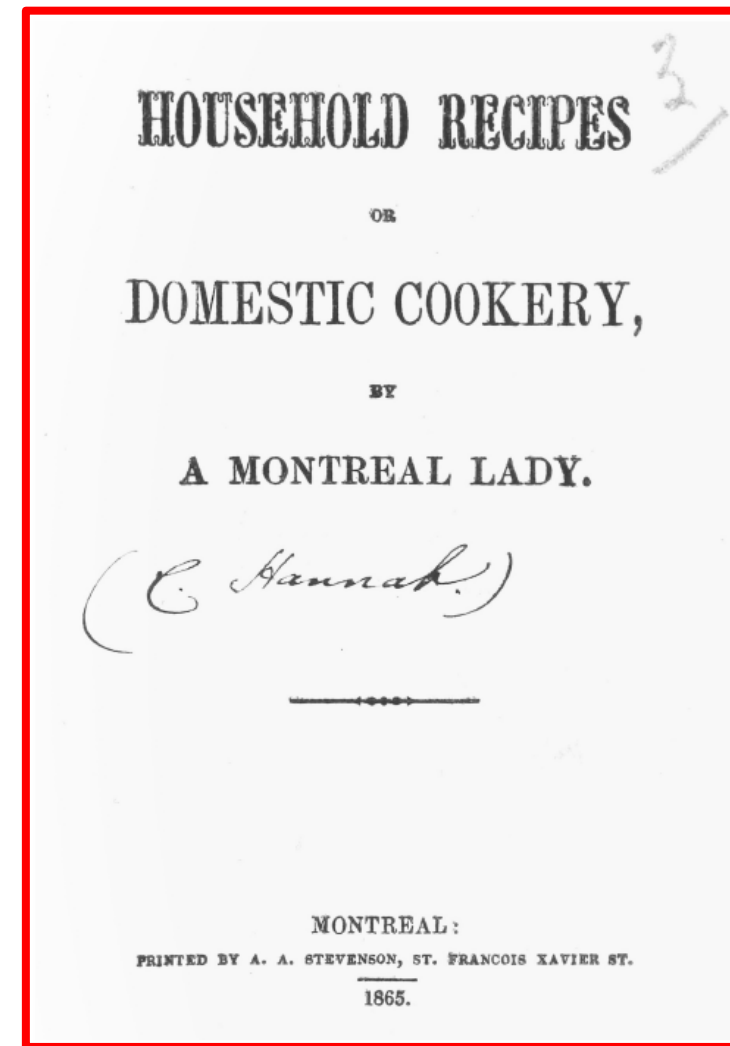


TASTE CANADA AWARDS
LES LAURÉATS DES SAVEURS DU CANADA



Liz Driver and **Fiona Lucas**
making the presentation.

Graham Kerr
endures in our collective memory
as the "Galloping Gourmet."



Posthumous Inductee **Constance Hart**
(1826–1898) was the first Jewish person
in Canada to write a cookbook.

2018 | Taste Canada Hall of Fame Inductees

CHC wrapped up four years of presentations marking the 100th anniversary of WWI at the Royal Agricultural Winter Fair in Toronto.
Carolyn Crawford hosts the info table.

The Royal[®]
AGRICULTURAL WINTER FAIR



Carolyn Crawford and **Sherry Murphy** with the stage's host.

2018 | 5th RAWF



L to R: **Lori Jamieson**, Secretary; **Kim Mouldsdale** and **Ellen Pekilis**, Members at Large; **Sherry Murphy**, Co-Vice President and Refreshments Chair; **Carolyn Crawford**, President; **Sylvia Lovegren**, Treasurer and Program Chair; **Julia Armstrong**, Communications Co-Chair; **Samantha George**, Co-Vice President and Publicity Coordinator; **Judy Chow**, Membership Chair; **Ryan Whibbs**, Co-Outreach Chair; **Luisa Giacometti**, Past President; **Sarah Hood**, Editor, *Digestible Bits and Bites*, and Program Co-Chair. Absent: **Jane Black**, Co-Outreach Chair, and **Jennifer Meyer**, Volunteer Coordinator

Oct 2018 to Oct 2019 | 9th Board of Directors



President **Luisa Giacometti** with CHC's two newest honorary lifetime members:

L: Award-winning culinary writer, teacher and herbalist **Pat Crocker**, author of 22 Canadian cookbooks

R: Culinary activist **Anita Stewart**, MA, author of 14 Canadian cookbooks, founder of Cuisine Canada (Taste Canada's predecessor) and Food Day Canada, and recipient of an honorary doctorate from the University of Guelph (2011) and the Order of Canada (2017)

2018 | Honorary Members Crocker and Stewart



"An 18th-Century French Maritimes Feast" with Chef **Chantal Véchambre**

"Food Waste – Past and Present" with **Luisa Giacometti** and Chef **Ryan Whibbs**



Elka Weinstein at Richter's Herbs



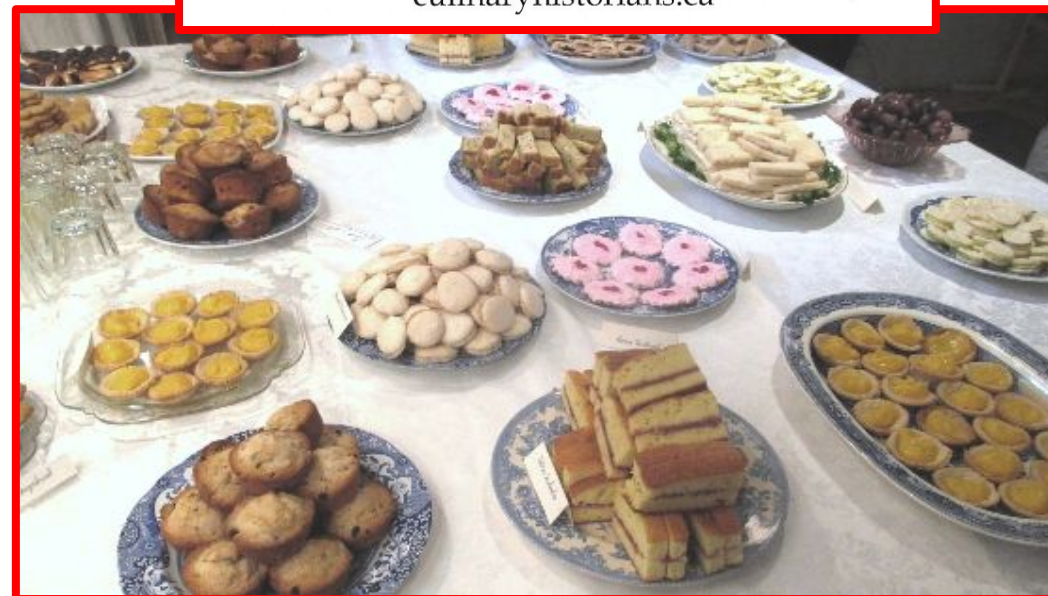
The Culinary Historians of Canada present
Queen Victoria's 200th Birthday Tea

(May 24, 1819 – May 24, 2019)

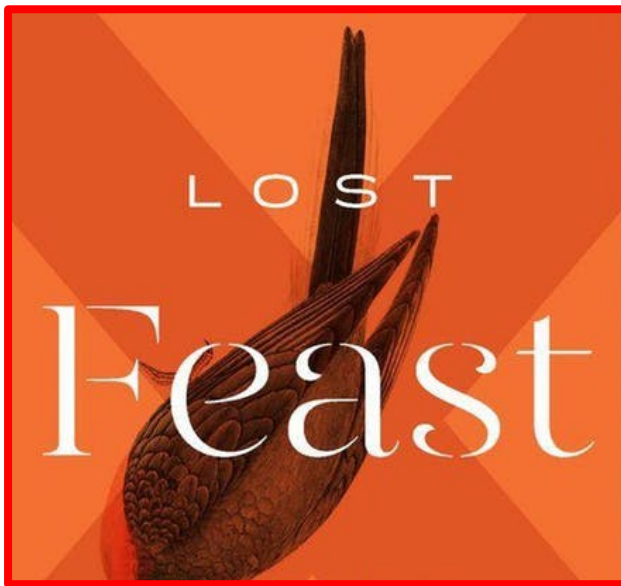
Montgomery's Inn, 4709 Dundas St W, Etobicoke

Saturday, May 18, 2019, 2 p.m.

culinaryhistorians.ca



Victoria sandwiches (layered slices), queen cakes (muffin shapes), lemon tarts, macaroons (white circles), cherry shortbread (pink circles), seed cake (fingers), cucumber sandwiches and salmon sandwiches



Professor
Lenore Newman

"Schmecks Appeal:
The Culinary Legacy of
Edna Staebler"
by her friend, **Rose
Murray**; L, with CHC
secretary **Lori
Jamieson** and R, with
CHC honorary
member **Pat Crocker**



"Victorian Cake Decorating" at Montgomery's Inn



2019 | Some More Programs



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LES LAURÉATS DES SAVEURS DU CANADA

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CULINARY HISTORIANS
OF CANADA



L to R: **Fiona Lucas**, presenter; **Heather-Ann Claggett**, Jessie Read's daughter, who accepted on behalf of Read's family; **Naomi Duguid**; **Liz Driver**, presenter and first inductee



Inductee
Naomi Duguid



Posthumous Inductee
Jessie Read (1905–1940)

2019 | Taste Canada Hall of Fame Inductees

CHC president **Carolyn Crawford** (left) and founder, long-serving president and incoming treasurer **Fiona Lucas** cut the celebratory 25th-anniversary vanilla slab cake with raspberry filling, baked and decorated by Master Baker **Monika Paradis**, at October's AGM. In the basket on the table are delicious take-home samples of Carolyn's third-generation, brandy-soaked family fruitcake recipe.

Sherry Murphy made A Rich Bride or Christening Cake from Mrs. Beeton's Book of Household Management, 1861



2019 | 25th Anniversary AGM

President	Carolyn Crawford
Co-Vice Presidents	Samantha George and Sherry Murphy
Treasurer	Fiona Lucas
Secretary	Lori Jamieson
Past President	Luisa Giacometti
Chair of Programs	Sylvia Lovegren
Chair of Membership	Judy Chow
Co-Chairs of Electronic Resources and Co-Chairs of Communications	Julia Armstrong and Sarah Hood
Chair of Outreach	Jane Black
Co-Coordiators of Refreshments	Sherry Murphy and Carolyn Crawford
Coordinator of Volunteers	Jennifer Meyer
Coordinator of Publicity	Samantha George
Editor, <i>Digestible Bits & Bites</i>	Sarah Hood
Members at Large	Ellen Pekilis and Kim Mouldsdale

Oct 2019 – Oct 2020 | 10th Board of Directors



Julian Armstrong was acknowledged for her commitment to Quebec's culinary history as Food Editor of the *Montreal Star* and then the *Montreal Gazette*, for which she now writes three weekly columns. She also authored *Made in Quebec: A Culinary Journey* and *A Taste of Quebec*.



Six of CHC's other Honorary Members were among the guests who joined a dinner in Julian's honour. L to R: **Fiona Lucas, Elizabeth Baird, Mya Sangster, Liz Driver, Pat Crocker** and (seated) **Mary Williamson**.

2019 | Honorary Member Julian Armstrong

Julia Armstrong



Melissa Beynon



Carolyn Crawford



Mark D'Aguilar



Samantha George Luisa Giacometti



Also:
Mary Catherine
Anderson
Vanessa Yeung



Sarah Hood



Shirley Lum



Sherry Murphy



John Ota



Elka Weinstein

Links to competition winners within CHC website:

- <http://culinaryhistorians.ca/royal-agricultural-winter-fair-canning-competition>
- <http://culinaryhistorians.ca/redpath-competition-at-hungry-for-comfort-a-celebration-of-food-history>
- <http://culinaryhistorians.ca/mad-for-marmalade-crazy-for-citrus-competitions>

If any photo credit is missing,
please contact Fiona Lucas at
fiona@culinaryhistorians.ca.