

THE  
FEMALE EMIGRANT'S  
GUIDE,

AND  
Hints on Canadian Housekeeping.

BY MRS. C. P. TRAILL,  
AUTHORESS OF THE "BACKWOODS OF CANADA," "FOREST  
GLEANINGS," "THE CANADIAN CRUSOES," &c., &c.

PART THE FIRST.

(TO BE COMPLETED IN FOUR MONTHLY PARTS.)

FIRST THOUSAND.

TORONTO, C. W:  
SOLD BY MACLEAR AND COMPANY,  
AND ALL THE PRINCIPAL BOOKSELLERS THROUGHOUT CANADA, THE  
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## TABLE OF CONTENTS.

	Page
Preface .....	9
Introductory Remarks :—	
Address to Husbands and Fathers, Wives and Daughters .....	13
Dress .....	22
Canada, a field for younger working Females .....	23
Adornment of Home .....	26
Shade Plants .....	27
Furnishing Log-House .....	30
Temperance .....	35
Female Energy .....	36
Borrowing .....	38
Choice of a Vessel—Luggage .....	41
Advice to Emigrants (From "Old Countryman") .....	42
Do.       Mr. Vere Foster .....	43
Do.       Do.       Ship-Stores, Purchase of Passage-	
Tickets, Outfit .....	44 to 47
Postage .....	49
Description of a new Settlement, (from Major Strickland's Work)	51
Security of-person and property in Canada .....	56
Natural Productions of the Woods .....	59
Hints on Gardening .....	60
Apples, Orchards, planting and grafting, &c. ....	67
Official Information for Emigrants .....	Appendix 1
Table to calculate equivalent value of Currency and Cents   Do.	4

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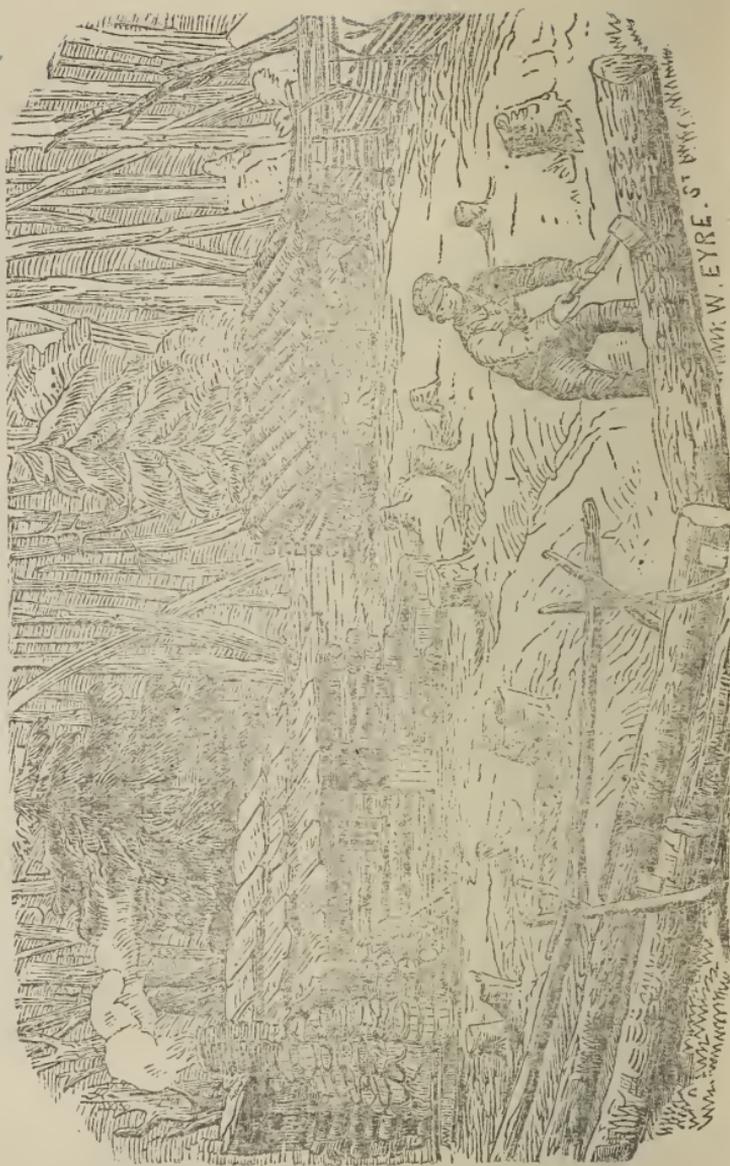
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Each number of the work will contain some valuable Tables, illustrative of the progressive improvement of the Province, as respects its agriculture, duration of life, climate, productions, wages, &c., &c., collated from authentic and official sources.

Tables useful to housekeepers and merchants will appear in each successive number.



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TO THE RIGHT HONOURABLE  
**THE EARL OF ELGIN AND KINCARDINE, K.T.**

&c., &c., &c.

GOVERNOR-GENERAL OF BRITISH NORTH AMERICA,  
THE FIRST PART OF THIS LITTLE HOUSEHOLD VOLUME

**IS DEDICATED,**

AS A RESPECTFUL TRIBUTE OF LOYAL ESTEEM,

BY HIS LORDSHIP'S

FAITHFUL FRIEND,

THE AUTHORESS.

## P R E F A C E .

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Among the many books that have been written for the instruction of the Canadian emigrant, there are none exclusively devoted for the use of the wives and daughters of the future settler, who for the most part, possess but a very vague idea of the particular duties which they are destined to undertake, and are often totally unprepared to meet the emergencies of their new mode of life.

As a general thing they are told that they must prepare their minds for some hardships and privations, and that they will have to exert themselves in a variety of ways to which they have hitherto been strangers ; but the exact nature of that work, and how it is to be performed, is left untold. The consequence of this is, that the females have everything to learn, with few opportunities of acquiring the requisite knowledge, which is often obtained under circumstances, and in situations the most discouraging ; while their hearts are yet filled with natural yearnings after the land of their birth, (dear even to the poorest emigrant), with grief for the friends of their early days, and while every object in this new country is strange to them. Disheartened by repeated failures, unused to the expedients which the older inhabitants adopt in any case of difficulty, repining and disgust take the place of cheerful activity ; troubles increase, and the power to overcome them decreases ; domestic happiness disappears. The wo-

man toils on heart-sick and pining for the home she left behind her. The husband reproaches his broken-hearted partner, and both blame the Colony for the failure of the individual.

Having myself suffered from the disadvantage of acquiring all my knowledge of Canadian housekeeping by personal experience, and having heard other females similarly situated lament the want of some simple useful book to give them an insight into the customs and occupations incidental to a Canadian settler's life, I have taken upon me to endeavor to supply this want, and have with much labour collected such useful matter as I thought best calculated to afford the instruction required.

As even the materials differ, and the method of preparing food varies greatly between the colony and the Mother-country, I have given in this little book the most approved recipes for cooking certain dishes, the usual mode of manufacturing maple-sugar, soap, candles, bread and other articles of household expenditure ; in short, whatever subject is in any way connected with the management of a Canadian settler's house, either as regards economy or profit, I have introduced into the work for the benefit of the future settler's wife and family.

As this little work has been written for all classes, and more particularly for the wives and daughters of the small farmers, and a part of it is also addressed to the wives of the labourer and mechanics, I aimed at no beauty of style. It was not written with the intention of amusing, but simply of instructing and advising.

I might have offered my female friends a work of fiction or of amusing facts, into which it would have been an easy matter to have interwoven a mass of personal adventure, with useful information drawn from my own experience during twenty-two years sojourn in the Colony ; but I well knew that knowledge conveyed through such a medium is seldom attended with practical results ; it is indeed something like searching through a bushel of chaff to discover a few solitary grains of wheat. I therefore preferred collating my instruction into the more homely but satisfactory form of a Manual of Canadian housewifery, well contented to abandon the paths of literary fame, if I could render a solid benefit to those of my own sex who through duty or necessity are about to become sojourners in the Western Wilderness.

It is now twenty years ago since I wrote a work with the view of preparing females of my own class more particularly, for the changes that awaited them in the life of a Canadian emigrant's wife. This book was entitled " Letters from the Backwoods of Canada," and made one of the volumes in Knight's " Library of Useful and Entertaining Knowledge," and was, I believe, well received by the public ; but as I had then been but a short time resident in the country, it was necessarily deficient in many points of knowledge which I have since become aware were essential for the instruction of the emigrant's wife. These deficiencies I have endeavoured to supply in the present work, and must here acknowledge with thanks the assistance that I have received from several ladies of my acquaintance, who have kindly supplied me with hints from their own experience on various matters.

To Mr. W. McKyes, Mrs. McKyes and Miss McKyes I am

PREFACE.

largely indebted for much useful information ; also to Mrs. Stewart of Auburn, Douro, and her kind family ; and to Misses A. and M. Ferguson ; with many others, by whose instruction I have been largely benefitted ; and take the present opportunity of publicly acknowledging my obligations.

Hoping that my little volume may prove a useful guide, I dedicate it with heartfelt good wishes to the Wives and Daughters of the

CANADIAN EMIGRANT.

## INTRODUCTORY REMARKS,

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### ADDRESSED TO HUSBANDS AND FATHERS.

Before the master of the household fully decides upon taking so important a step as leaving his native land to become a settler in Canada, let him first commune with himself and ask the important question, Have I sufficient energy of character to enable me to conform to the changes that may await me in my new mode of life?— Let him next consider the capabilities of his partner; her health and general temper; for a sickly, peevish, discontented person will make but a poor settler's wife in a country where cheerfulness of mind and activity of body are very essential to the prosperity of the household.

In Canada persevering energy and industry, with sobriety, will overcome all obstacles, and in time will place the very poorest family in a position of substantial comfort that no personal exertions alone could have procured for them elsewhere.

To the indolent or to the intemperate man Canada offers no such promise; but where is the country in which such a person will thrive or grow wealthy? He has not the elements of success within him.— It is in vain for such a one to cross the Atlantic; for he will bear with him that fatal enemy which kept him poor at home. The active, hard-working inhabitants who are earning their bread honestly by the sweat of their brow, or by the exertion of mental power, have no sympathy with such men. Canada is not the land for the idle sensualist. He must forsake the error of his ways at once, or he will sink into ruin here as he would have done had he staid in the old country. But it is not for such persons that our book is intended.

### TO WIVES AND DAUGHTERS.

As soon as the fitness of emigrating to Canada has been fully decided upon, let the females of the family ask God's blessing upon their undertaking; ever bearing in mind that "unless the Lord build

the house, their labour is but lost that build it ; unless the Lord keep the city, the watchman waketh but in vain." In all their trials let them look to Him who can bring all things to pass in His good time, and who can guard them from every peril, if they will only believe in His promises, and commit their ways to Him.

As soon, then, as the resolution to emigrate has been fixed, let the females of the house make up their minds to take a cheerful and active part in the work of preparation. Let them at once cast aside all vain opposition and selfish regrets, and hopefully look to their future country as to a land of promise, soberly and quietly turning their attention to making the necessary arrangements for the important change that is before them.

Let them remember that all practical knowledge is highly valuable in the land to which they are going. An acquaintance with the homely art of baking and making bread, which most servants and small housekeepers know how to practice, but which many young females that live in large towns and cities where the baker supplies the bread to the family, do not, is necessary to be acquired.

Cooking, curing meat, making butter and cheese, knitting, dress-making and tailoring—for most of the country-people here make the everyday clothing of their husbands, brothers or sons—are good to be learned. By ripping to pieces any well-fitting old garment, a suitable pattern may be obtained of men's clothes ; and many a fair hand I have seen occupied in making garments of this description. For a quarter of a dollar, 1s. 3d., a tailor will cut out a pair of fine cloth trowsers ; for a coat they charge more ; but a good cloth is always better to have made up by a regular tailor : loose summer coats may be made at home, but may be bought cheap, ready-made, in the stores.

My female friends must bear in mind that it is one of the settler's great objects to make as little outlay of money as possible. I allude to such as come out to Canada with very little available capital excepting what arises from the actual labour of their own hands, by which they must realize the means of paying for their land or the rental of a farm. Everything that is done in the house by the hands of the family, is so much saved or so much earned towards the pay-

ing for the land or building houses and barns, buying stock or carrying on the necessary improvements on the place : the sooner this great object is accomplished, the sooner will the settler and his family realize the comfort of feeling themselves independent.

The necessity of becoming acquainted with the common branches of household work may not at first be quite agreeable to such as have been unaccustomed to take an active part in the duties of the house. Though their position in society may have been such as to exempt them from what they consider menial occupations, still they will be wise to lay aside their pride and refinement, and apply themselves practically to the acquirement of such useful matters as those I have named—if they are destined to a life in a colony—even though their friends may be so well off as to have it in their power to keep servants, and live in ease and comfort. But if they live in a country place, they may be left without the assistance of a female-servant in the house, a contingency which has often happened from sudden illness, a servant's parents sending for them home, which they will often do without consulting either your convenience or their daughter's wishes, or some act on the part of the servant may induce her to be discharged before her place can be filled ; in such an emergency the settler's wife may find herself greatly at a loss, without some knowledge of what her family requires at her hands. I have before now seen a ragged Irish boy called in from the clearing by his lady-mistress, to assist her in the mystery of making a loaf of bread, and teaching her how to bake it in the bake-kettle. She had all the requisite materials, but was ignorant of the simple practical art of making bread.

Another who knew quite well how to make a loaf and bake it too, yet knew nothing of the art of making yeast to raise it with, and so the family lived upon unleavened cakes, or dampers, as the Australians call them, till they were heartily tired of them : at last a settler's wife calling in to rest herself, and seeing the flat cakes baking, asked the servant why they did not make raised bread :—" Because we have no yeast, and do not know how to make any here in these horrible backwoods," was the girl's reply. The neighbour, I dare say, was astonished at the ignorance of both mistress and maid ; but she gave them some hops and a little barm, and told the girl how to

make the yeast called hop-rising ; and this valuable piece of knowledge stood them in good stead : from that time they were able to make light bread ; the girl shrewdly remarking to her mistress, that a little help was worth a deal of pity. A few simple directions for making barm as it is here practiced, would have obviated the difficulty at first. As this is one of the very first things that the housewife has to attend to in the cooking department, I have placed the raising and making of bread at the beginning of the work. The making and baking of REALLY GOOD HOUSEHOLD BREAD is a thing of the greatest consequence to the health and comfort of a family.

As the young learn more quickly than the old, I would advise the daughters of the intending emigrant to acquire whatever useful arts they think likely to prove serviceable to them in their new country. Instead of suffering a false pride to stand in their way of acquiring practical household knowledge, let it be their pride—their noble, honest pride—to fit themselves for the state which they will be called upon to fill—a part in the active drama of life ; to put in practice that which they learned to repeat with their lips in childhood as a portion of the catechism, “To do my duty in that state of life, unto which it may please God to call me.” Let them earnestly believe that it is by the will of God that they are called to share the fortunes of their parents in the land they have chosen, and that as that is the state of life they are called to by his will, they are bound to strive to do their duty in it with cheerfulness.

There should therefore be no wavering on their part; no yielding to prejudices and pride. Old things are passed away. The greatest heroine in life is she who knowing her duty, resolves not only to do it, but to do it to the best of her abilities, with heart and mind bent upon the work.

I address this passage more especially to the daughters of the emigrant, for to them belongs the task of cheering and upholding their mother in the trials that may await her. It is often in consideration of the future welfare of their children, that the parents are, after many painful struggles, induced to quit the land of their birth and the home that was endeared to them alike by their cares and their joys ; and though the children may not know this to be the

main-spring that urges them to make the sacrifice, in most cases it is so ; and this consideration should have its full weight, and induce the children to do all in their power to repay their parents for the love that urges them to such a decision.

The young learn to conform more readily to change of country than the old. Novelty has for them a great charm : and then hope is more lively in the young heart than in the old. To them a field of healthy enterprise is open, which they have only to enter upon with a cheerful heart and plenty of determination, and they will hardly fail of reaching a respectable state of independence.

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The wives and daughters of the small farmers and of the working class, should feel the difficulties of a settler's life far less keenly than any other, as their habits and general knowledge of rural affairs have fitted them for the active labours that may fall to their lot in Canada. Though much that they have to perform will be new to them, it will only be the manner of doing it, and the difference of some of the materials that they will have to make use of : enured from childhood to toil, they may soon learn to conform to their change of life. The position of servants is much improved in one respect : their services are more valuable in a country where there is less competition among the working class. They can soon save enough to be independent. They have the cheering prospect always before them : It depends upon ourselves to better our own condition. In this country honest industry always commands respect : by it we can in time raise ourselves, and no one can keep us down.

Yet I have observed with much surprize that there is no class of emigrants more discontented than the wives and daughters of those men who were accustomed to earn their bread by the severest toil, in which they too were by necessity obliged to share, often with patience and cheerfulness under privations the most heartbreaking, with no hope of amendment, no refuge but the grave from poverty and all its miseries. Surely to persons thus situated, the change of country should be regarded with hopeful feelings ; seeing that it opens a gate which leads from poverty to independence, from present misery to future comfort.

At first the strangeness of all things around them, the loss of familiar faces and familiar objects, and the want of all their little household conveniences, are sensibly felt ; and these things make them uncomfortable and peevish : but a little reasoning with themselves would show that such inconveniences belong to the nature of their new position, and that a little time will do away with the evil they complain of.

After a while new feelings, new attachments to persons and things, come to fill up the void : they begin to take an interest in the new duties that are before them, and by degrees conform to the change ; and an era in their lives commences, which is the beginning to them of a better and more prosperous state of things.

It frequently happens that before the poor emigrant can settle upon land of his own, he is obliged to send the older children out to service. Perhaps he gets employment for himself and his wife, on some farm, where they can manage to keep the younger members of the family with them, if there is a small house or shanty convenient, on or near the farm on which they are hired. Sometimes a farmer can get a small farm on shares ; but it is seldom a satisfactory mode of rental, and often ends in disagreement. As no man can serve two masters, neither can one farm support two, unless both parties are which rarely happens, quite disinterested and free from selfishness, each exacting no more than his due. It is seldom these partnerships turn out well.

There is an error which female servants are very apt to fall into in this country, which as a true friend, I would guard them against committing. This is adopting a free and easy manner, often bordering upon impertinence, towards their employers. They are apt to think that because they are entitled to a higher rate of wages, they are not bound to render their mistresses the same respect of manners as was usual in the old country. Now, as they receive more, they ought not to be less thankful to those who pay them well, and should be equally zealous in doing their duty. They should bear in mind that they are commanded to render "honor to whom honor is due." A female servant in Canada whose manners are respectful

and well-behaved, will always be treated with consideration and even with affection. After all, good-breeding is as charming a trait in a servant as it is in a lady. Were there more of that kindly feeling existing between the upper and lower classes, both parties would be benefitted, and a bond of union established, which would extend beyond the duration of a few months or a few years, and be continued through life : how much more satisfactory than that unloving strife where the mistress is haughty and the servant insolent.

But while I would recommend respect and obedience on the part of the servant, to her employer I would say, treat your servants with consideration : if you respect her she will also respect you ; if she does her duty, she is inferior to no one living as a member of the great human family. The same Lord who says by the mouth of his apostle, "Servants obey your masters," has also added, "and ye masters do ye also the same, forbearing threatening ; knowing that your master also is in heaven, and that with him there is no respect of persons."

Your servants as long as they are with you, are of your household, and should be so treated that they should learn to look up to you in love as well as reverence.

If they are new comers to Canada, they have everything to learn ; and will of course feel strange and awkward to the ways of the colony, and require to be patiently dealt with. They may have their regrets and sorrows yet rankling in their hearts for those dear friends they have left behind them, and require kindness and sympathy.—Remember that you also are a stranger and sojourner in a strange land, and should feel for them and bear with them as becomes Christians.

Servants in Canada are seldom hired excepting by the month.—The female servant by the full calendar month ; the men and boys' month is four weeks only. From three to four dollars a month is the usual wages given to female servants ; and two, and two dollars and a half, to girls of fourteen and sixteen years of age, unless they are very small, and very ignorant of the work of the country ; then less is given. Indeed, if a young girl were to give her services for a

month or two, with a good clever mistress, for her board alone, she would be the gainer by the bargain, in the useful knowledge which she would acquire, and which would enable her to take a better place, and command higher wages. It is a common error in girls coming direct from the old country, and who have all Canada's ways to learn, to ask the highest rate of wages, expecting the same as those who are twice as efficient. This is not reasonable; and if the demand be yielded to from necessity, there is seldom much satisfaction or harmony, both parties being respectively discontented with the other. The one gives too much, the other does too little in return for high wages.

Very little if any alteration has taken place nominally in the rate of servants' wages during twenty-one years that I have lived in Canada, but a great increase in point of fact. \* Twenty years ago the servant-girl gave from 1s. 6d. to 2s. 6d. a yard for cotton prints, 10s. and 12s. a pair for very coarse shoes and boots: common white calico was 1s. and 1s. 3d. per yard, and other articles of clothing in proportion. Now she can buy good fast prints at 9d. and 10d., and some as low as 7½d. and 8d. per yard, calicoes and factory cottons from 4½d. to 9d. or 10d.; shoes, light American-made and very pretty, from 4s. 6d. to 7s. 6d., and those made to order 6s. 3d. to 7s. 6d.; boots 10s.; straw bonnets from 1s. 6d., coarse beehive plat, to such as are very tasteful and elegant in shape and quality, of the most delicate fancy chips and straws, proportionably cheap.

Thus while her wages remain the same, her outlay is decreased nearly one-half.

Ribbons and light fancy goods are still much higher in price than they are in the old country; so are stuffs and merinos. A very poor, thin Coburg cloth, or Orleans, fetches 1s. or 1s. 3d. per yard; mouselin de laines vary from 9d. to 1s. 6d. Probably the time will come when woollen goods will be manufactured in the colony; but the time for that is not yet at hand. The country flannel, home-spun, home-dyed and sometimes home-woven, is the sort of material worn in the house by the farmer's family when at work. Nothing can be more suitable to the climate, and the labours of a Canadian settler's wife or daughter, than gowns made of this country flannel: it is very

\* Since the above statement was written the wages both of men and women have borne a higher rate; and some articles of clothing have been raised in price. See the tables of rates of wages and goods for 1854.

durable, lasting often two or three seasons. When worn out as a decent working dress, it makes good sleigh-quilts for travelling, or can be cut up into rag-carpets, for a description of which see the article—*Rag-Carpets* : and for instructions in dyeing the wool or yarn for the flannel see *Dyeing*. I have been thus minute in naming the prices of women's wearing apparel, that the careful wife may be enabled to calculate the expediency of purchasing a stock of clothes, before leaving home, or waiting till she arrives in Canada, to make her needful purchases. To such as can prudently spare a small sum for buying clothes, I may point out a few purchases that would be made more advantageously in England or Scotland than in Canada : 1st. A stock, say two pairs a piece for each person, of good shoes.—The leather here is not nearly so durable as what is prepared at home, and consequently the shoes wear out much sooner, where the roads are rough and the work hard. No one need encumber themselves with clogs or pattens : the rough roads render them worse than useless, even dangerous, in the spring and fall, the only wet seasons : in winter the snow clogs them up, and you could not walk ten yards in them; and in summer there is no need of them : buy shoes instead; or for winter wear, a good pair of duffle boots, the sole overlaid with india-rubber or gutta percha.

India-rubber boots and over-shoes can be bought from 4s. to 7s. 6d., if extra good, and lined with fur or fine flannel. Gentlemen's boots, long or short, can be had also, but I do not know at what cost. Old women's list shoes are good for the house in the snowy season, or good, strongly-made carpet shoes ; but these last, with a little ingenuity, you can make for yourself.

Flannel I also recommend, as an advisable purchase : you must give from 1s. 9d. to 2s. 6d. for either white or red, and a still higher price for fine fabrics ; which I know is much higher than they can be bought for at home. Good scarlet or blue flannel shirts are worn by all the emigrants that work on land or at trades in Canada ; and even through the hottest summer weather the men still prefer them to cotton or linen.

A superior quality, twilled and of some delicate check, as pale blue, pink or green, are much the fashion among the gentlemen ; this

material however is more costly, and can hardly be bought under 3s. 6d. or 4s. a yard. A sort of overshirt made full and belted in at the waist, is frequently worn, made of homespun flannel, dyed brown or blue, and looks neat and comfortable; others of coarse brown linen, or canvas, called logging-shirts, are adopted by the choppers in their rough work of clearing up the fallows: these are not very unlike the short loose slop frocks of the peasants of the Eastern Counties of England, reaching no lower than the hips.

Merino or cottage stuffs are also good to bring out, also Scotch plaids and tweeds, strong checks for aprons, and fine white cotton stockings: those who wear silk, had better bring a supply for holiday wear: satin shoes are very high, but are only needed by the wealthy, or those ladies who expect to live in some of the larger towns or cities; but the farmer's wife in Canada has little need of such luxuries—they are out of place and keeping.

#### ON DRESS.

It is one of the blessings of this new country, that a young person's respectability does by no means depend upon these points of style in dress; and many a pleasant little evening dance I have seen, where the young ladies wore merino frocks, cut high or low, and prunella shoes, and no disparaging remarks were made by any of the party. How much more sensible I thought these young people, than if they had made themselves slaves to the tyrant fashion. Nevertheless, in some of the large towns the young people do dress extravagantly, and even exceed those of Britain in their devotion to fine and costly apparel. The folly of this is apparent to every sensible person. When I hear women talk of nothing but dress, I cannot help thinking that it is because they have nothing more interesting to talk about; that their minds are uninformed, and bare, while their bodies are clothed with purple and fine linen. To dress neatly and with taste and even elegance is an accomplishment which I should desire to see practised by all females; but to make dress the one engrossing business and thought of life, is vain and foolish. One thing is certain, that a lady will be a lady, even in the plainest dress; a vulgar minded woman will never be a lady, in the most costly garments. Good sense is as much marked by the

style of a person's dress, as by their conversation. The servant-girl who expends half her wages on a costly shawl, or mantilla, and bonnet to wear over a fine shabby gown, or with coarse shoes and stockings, does not show as much sense as she who purchases at less cost a complete dress, each article suited to the other. They both attract attention, it is true ; but in a different degree. The man of sense will notice the one for her wisdom ; the other for her folly.—To plead fashion, is like following a multitude to do evil.

#### CANADA A FIELD FOR YOUNGER WORKING FEMALES.

Quitting the subject of dress, which perhaps I have dwelt too long upon, I will go to a subject of more importance : the field which Canada opens for the employment of the younger female emigrants of the working class. At this very minute I was assured by one of the best and most intelligent of our farmers, that the Township of Hamilton alone could give immediate employment to five hundred females ; and most other townships in the same degree. What an inducement to young girls to emigrate is this ! good wages, in a healthy and improving country ; and what is better, in one where idleness and immorality are not the characteristics of the inhabitants : where steady industry is sure to be rewarded by marriage with young men who are able to place their wives in a very different station from that of servitude. How many young women who were formerly servants in my house, are now farmers' wives, going to church or the market towns with their own sleighs or light waggons, and in point of dress, better clothed than myself.

Though Australia may offer the temptation of greater wages to female servants ; yet the discomforts they are exposed to, must be a great drawback ; and the immoral, disjointed state of domestic life, for decent, well-conducted young women, I should think, would more than counterbalance the nominal advantages from greater wages.—The industrious, sober-minded labourer, with a numerous family of daughters, one would imagine would rather bring them to Canada, where they can get immediate employment in respectable families ; where they will get good wages and have every chance of bettering their condition and rising in the world, by becoming the wives of thriving farmers' sons or industrious artisans ; than form connex-

ions with such characters as swarm the streets of Melbourne and Geelong, though these may be able to fill their hands with gold, and clothe them with satin and velvet.

In the one country there is a steady progress to prosperity and lasting comfort, where they may see their children become land-owners after them, while in the other, there is little real stability, and small prospect of a life of domestic happiness to look forward to. I might say, as the great lawgiver said to the Israelites, "Good and evil are before you, choose ye between them."

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Those whose destination is intended to be in the Canadian towns will find little difference in regard to their personal comforts to what they were accustomed to enjoy at home. If they have capital they can employ it to advantage; if they are mechanics, or artisans they will have little difficulty in obtaining employment as journeymen.—The stores in Canada are well furnished with every species of goods; groceries, hardware and food of all kinds can also be obtained. With health and industry, they will have little real cause of complaint. It is those who go into the woods and into distant settlements in the uncleared wilderness that need have any fear of encountering hardships and privations; and such persons should carefully consider their own qualifications and those of their wives and children before they decide upon embarking in the laborious occupation of backwoodsmen in a new country like Canada. Strong, patient, enduring, hopeful men and women, able to bear hardships and any amount of bodily toil, (and there are many such,) these may be pioneers to open out the forest-lands; while the old-country farmer will find it much better to purchase cleared farms or farms that are partially cleared, in improving townships, where there are villages and markets and good roads; by so doing they will escape much of the disappointment and loss, as well as the bodily hardships that are too often the lot of those who go back into the unreclaimed forest lands.

Whatever be the determination of the intended emigrant, let him not exclude from his entire confidence the wife of his bosom, the natural sharer of his fortunes, be the path which leads to them rough or smooth. She ought not to be dragged as an unwilling sacrifice at

the shrine of duty from home, kindred and friends, without her full consent: the difficulties as well as the apparent advantages ought to be laid candidly before her, and her advice and opinion asked; or how can she be expected to enter heart and soul into her husband's hopes and plans; nor should such of the children as are capable of forming opinions on the subject be shut out from the family council; for let parents bear this fact in mind, that much of their own future prosperity will depend upon the exertion of their children in the land to which they are going; and also let them consider that those children's lot in life is involved in the important decision they are about to make. Let perfect confidence be established in the family: it will avoid much future domestic misery and unavailing repining.— Family union is like the key-stone of an arch: it keeps all the rest of the building from falling asunder. A man's friends should be those of his own household.

Woman, whose nature is to love home and to cling to all home ties and associations, cannot be torn from that spot that is the little centre of joy and peace and comfort to her, without many painful regrets. No matter however poor she may be, how low her lot in life may be cast, home to her is dear, the thought of it and the love of it clings closely to her wherever she goes. The remembrance of it never leaves her; it is graven on her heart. Her thoughts wander back to it across the broad waters of the ocean that are bearing her far from it. In the new land it is still present to her mental eye, and years after she has formed another home for herself she can still recal the bowery lane, the daisied meadow, the moss-grown well, the simple hawthorn hedge that bound the garden-plot, the woodbine porch, the thatched roof and narrow casement window of her early home. She hears the singing of the birds, the murmuring of the bees, the tinkling of the rill, and busy hum of cheerful labour from the village or the farm, when those beside her can hear only the deep cadence of the wind among the lofty forest-trees, the jangling of the cattle-bells, or strokes of the chopper's axe in the woods. As the seasons return she thinks of the flowers that she loved in childhood; the pale primrose, the cowslip and the bluebell, with the humble daisy and heath-flowers; and what would she not give for one, *just one* of those old familiar flowers! No wonder that the heart of the emigrant's wife is sometimes sad, and needs to be

dealt gently with by her less sensitive partner ; who if she were less devoted to home, would hardly love her more, for in this attachment to home lies much of her charm as a wife and mother in his eyes.— But kindness and sympathy, which she has need of, in time reconciles her to her change of life ; new ties, new interests, new comforts arise ; and she ceases to repine, if she does not cease to love, that which she has lost : in after life the recollection comes like some pleasant dream or a fair picture to her mind, but she has ceased to grieve or to regret ; and perhaps like a wise woman she says—“ All things are for the best. It is good for us to be here.”

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#### ADORNMENT OF HOME.

What effect should this love of her old home produce in the emigrant-wife? Surely an earnest endeavour to render her new dwelling equally charming ; to adorn it within and without as much as circumstances will permit, not expending her husband's means in the purchase of costly furniture which would be out of keeping in a log-house, but adopting such things as are suitable, neat and simple ; studying comfort and convenience before show and finery. Many inconveniences must be expected at the outset ; but the industrious female will endeavor to supply these wants by the exercise of a little ingenuity and taste. It is a great mistake to neglect those little household adornments which will give a look of cheerfulness to the very humblest home.

Nothing contributes so much to comfort and to the outward appearance of a Canadian house as the erection of the verandah or stoup, as the Dutch settlers call it, round the building. It affords a grateful shade from the summer heat, a shelter from the cold, and is a source of cleanliness to the interior. It gives a pretty, rural look to the poorest log-house, and as it can be put up with little expense, it should never be omitted. A few unbarked cedar posts, with a slab or shingled roof, costs very little. The floor should be of plank ; but even with a hard dry earthen floor, swept every day with an Indian broom, it will still prove a great comfort. Those who build frame or stone or brick houses seldom neglect the addition of a verandah ; to the common log-house it is equally desirable ; nor need any one want for climbers with which to adorn the pillars.

## SHADE PLANTS.

Among the wild plants of Canada there are many graceful climbers, which are to be found in almost every locality. Nature, as if to invite you to ornament your cottage-homes, has kindly provided so many varieties of shade-plants, that you may choose at will.

First, then, I will point out to your attention the wild grape, which is to be found luxuriating in every swamp, near the margin of lakes and rivers, wreathing the trees and tall bushes with its abundant foliage and purple clusters. The Fox-grape and the Frost-grape\* are among the common wild varieties, and will produce a great quantity of fruit, which, though very acid, is far from being unpalatable when cooked with a sufficiency of sugar.

From the wild grape a fine jelly can be made by pressing the juice from the husks and seeds and boiling it with the proportion of sugar usual in making currant-jelly, i. e., one pound of sugar to one pint of juice. An excellent home-made wine can also be manufactured from these grapes. They are not ripe till the middle of October, and should not be gathered till the frost has softened them; from this circumstance, no doubt, the name of Frost-grape has been given to one species. The wild vine planted at the foot of some dead and unsightly tree, will cover it with its luxuriant growth, and convert that which would otherwise have been an unseemly object into one of great ornament. I knew a gentleman who caused a small dead tree to be cut down and planted near a big oak stump in his garden, round which a young grape was twining: the vine soon ascended the dead tree, covering every branch and twig, and forming a bower above the stump, and affording an abundant crop of fruit.

The commonest climber for a log-house is the hop, which is, as you will find, an indispensable plant in a Canadian garden, it being the principal ingredient in making the yeast with which the household bread is raised. Planted near the pillars of your verandah, it forms a graceful drapery of leaves and flowers, which are pleasing to look upon, and valuable either for use or sale.

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\* There are many other varieties of wild grapes, some of which have, by careful garden cultivation, been greatly improved. Cuttings may be made early in April, or the young vines planted in September or October.

The Canadian Ivy, or Virginian Creeper, is another charming climber, which if planted near the walls of your house, will quickly cover the rough logs with its dark glossy leaves in summer, and in the fall delight the eye with its gorgeous crimson tints.

The Wild Clematis or Traveller's Joy may be found growing in the beaver meadows and other open thickets. This also is most ornamental as a shade-plant for a verandah. Then there is the climbing Fumatory, better known by the name by which its seeds are sold by the gardener, "Cypress vine." This elegant creeper is a native of Canada, and may be seen in old neglected clearings near the water, running up the stems of trees and flinging its graceful tendrils and leaves of tender green over the old grey mossy branches of cedar or pine, adorning the hoary boughs with garlands of the loveliest pink flowers. I have seen this climbing Fumatory in great quantities in the woods, but found it no easy matter to obtain the ripe seeds, unless purchased from a seedsman : it is much cultivated in towns as a shade plant near the verandahs.

Besides those already described I may here mention the scarlet-runner, a flower the humming-birds love to visit. The wild cucumber, a very graceful trailing plant. The Major Colvolvulus or Morning Glory. The wild honeysuckle, sweet pea and prairie-rose. These last-named are not natives, with the exception of the wild or bush honeysuckle, which is to be found in the forest. The flowers are pale red, but scentless ; nevertheless it is very well worth cultivating.

I am the more particular in pointing out to you how you may improve the outside of your dwellings, because the log-house is rough and unsightly ; and I know well that your comfort and cheerfulness of mind will be increased by the care you are led to bestow upon your new home in endeavouring to ornament it and render it more agreeable to the eye. The cultivation of a few flowers, of vegetables and fruit, will be a source of continual pleasure and interest to yourself and children, and you will soon learn to love your home, and cease to regret that dear one you have left.

I write from my own experience. I too have felt all the painful regrets incidental to a long separation from my native land and my beloved early home. I have experienced all that you who read this book can ever feel, and perhaps far more than you will ever have cause for feeling.

## CONTRAST NOW TO PERIOD OF EARLY SETTLEMENT.

The emigrants of the present day can hardly now meet with the trials and hardships that were the lot of those who came to the Province twenty years ago, and these last infinitely less than those who preceded them at a still earlier period.

When I listen, as I often do, to the experiences of the old settlers of forty or fifty years standing, at a time when the backwoodsman shared the almost unbroken wilderness with the unchristianized Indian, the wolf and the bear ; when his seed-corn had to be carried a distance of thirty miles upon his shoulders, and his family were dependent upon the game and fish that he brought home till the time of the harvest ; when there were no mills to grind his flour save the little handmill, which kept the children busy to obtain enough coarse flour to make bread from day to day ; when no sabbath-bell was ever heard to mark the holy day, and all was lonely, wild and savage around him. Then my own first trials seemed to sink into utter insignificance, and I was almost ashamed to think how severely they had been felt.

Many a tale of trial and of enterprize I have listened to with breathless interest, related by these patriarchs of the colony, while seated beside the blazing log-fire, surrounded by the comforts which they had won for their children by every species of toil and privation. Yet they too had overcome the hardships incidental to a first settlement, and were at rest, and could look back on their former struggles with that sort of pride which is felt by the war-worn soldier in fighting over again his battles by his own peaceful hearth.

These old settlers and their children have seen the whole face of the country changed. They have seen the forest disappear before the axe of the industrious emigrant ; they have seen towns and villages spring up where the bear and the wolf had their lair. They have seen the white-sailed vessel and the steamer plough those lakes and rivers where the solitary Indian silently glided over their lonely waters in his frail canoe. They have seen highways opened out through impenetrable swamps where human foot however adventurous had never trod. The busy mill-wheels have dashed where only the foaming rocks broke the onward flow of the forest stream. They have seen God's holy temples rise, pointing upwards with their glit-

tering spires above the lowlier habitations of men, and have heard the sabbath-bell calling the Christian worshippers to prayer. They have seen the savage Indian bending there in mute reverence, or lifting his voice in hymns of praise to that blessed Redeemer who had called him out of darkness into his marvellous light. And stranger things he may now behold in that mysterious wire, that now conveys a whispered message from one end of the Province to the other with lightning swiftness; and see the iron railway already traversing the Province, and bringing the far-off produce of the woods to the store of the merchant and to the city mart.

Such are the changes which the old settler has witnessed; and I have noted them for your encouragement and satisfaction, and that you may form some little notion of what is going on in this comparatively newly-settled country; and that you may form some idea of what it is likely to become in the course of a few more years, when its commerce and agriculture and its population shall have increased, and its internal resources shall have been more perfectly developed.

In the long-settled portions of the Province a traveller may almost imagine that he is in England; there are no stumps to disfigure the fields, and but very few of the old log-houses remaining: these have for the most part given place to neat painted frame, brick or stone cottages, surrounded with orchards, cornfields and pastures. Some peculiarities he will notice, which will strike him as unlike what he has been used to see in the old country; and there are old familiar objects which will be missed in the landscape, such as the venerable grey tower of the old church, the ancient ruins, the old castles and fine old manor-houses, with many other things which exist in the old country. Here all is new; time has not yet laid its mellowing touch upon the land. We are but in our infancy; but it is a vigorous and healthy one, full of promise for future greatness and strength.

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#### FURNISHING LOG HOUSE.

In furnishing a Canadian log-house the main study should be to unite simplicity with cheapness and comfort. It would be strangely out of character to introduce gay, showy, or rich and costly articles of furniture into so rough and homely a dwelling. A log-house is

better to be simply furnished. Those who begin with moderation are more likely to be able to increase their comforts in the course of a few years.

Let us see now what can be done towards making your log parlour comfortable at a small cost. A dozen of painted Canadian chairs, such as are in common use here, will cost you £2 10s. You can get plainer ones for 2s. 9d. or 3s. a chair : of course you may get very excellent articles if you give a higher price ; but we are not going to buy drawing-room furniture. You can buy rocking chairs, small, at 7s. 6d. ; large, with elbows, 15s. : you can cushion them yourself. A good drugget, which I would advise you to bring with you, or Scotch carpet, will cover your rough floor ; when you lay it down, spread straw or hay over the boards ; this will save your carpet from cutting. A stained pine table may be had for 12s. or 15s. Walnut or cherry wood costs more ; but the pine with a nice cover will answer at first. For a flowered mohair you must give five or six dollars. A piece of chintz of suitable pattern will cost you 16s. the piece of twenty-eight yards. This will curtain your windows : and a common pine sofa stuffed with wool, though many use fine hay for the back and sides, can be bought cheap, if covered by your own hands. If your husband or elder sons are at all skilled in the use of tools, they can make out of common pine boards the frame-work or couches, or sofas, which look when covered and stuffed, as well as what the cabinet-maker will charge several pounds for. A common box or two stuffed so as to form a cushion on the top, and finished with a flounce of chintz, will fill the recess of the windows. A set of book-shelves stained with Spanish brown, to hold your library.— A set of corner shelves, fitted into the angles of the room, one above the other, diminishing in size, form an useful receptacle for any little ornamental matters, or for flowers in the summer, and gives a pleasant finish and an air of taste to the room. A few prints, or pictures, in frames of oak or black walnut, should not be omitted, if you can bring such ornaments with you. These things are sources of pleasure to yourselves, and of interest to others. They are intellectual luxuries, that even the very poorest man regards with delight, and possesses if he can, to adorn his cottage walls, however lowly that cottage may be.

I am going to add another comfort to your little parlour—a clock: very neat dials in cherry or oak frames, may be bought from 7s. 6d. to \$5. The cheapest will keep *good time*, but do not strike. Very handsome clocks may be bought for ten dollars, in elegant frames; but we must not be too extravagant in our notions.

I would recommend a good cooking-stove in your kitchen: it is more convenient, and is not so destructive to clothes as the great log fires. A stove large enough to cook food for a family of ten or twelve persons, will cost from twenty to thirty dollars. This will include every necessary cooking utensil. Cheap stoves are often like other cheap articles, the dearest in the end: a good, weighty casting should be preferred to a thinner and lighter one; though the latter will look just as good as the former: they are apt to crack, and the inner plates wear out soon.

There are now a great variety of patterns in cooking-stoves, many of which I know to be good. I will mention a few:—“The Lion,” “Farmers’ Friend,” “Burr,” “Canadian Hot-Air,” “Clinton Hot-Air;” these two last require dry wood; and the common “Premium” stove, which is a good useful stove, but seldom a good casting, and sold at a low price. If you buy a small-sized stove, you will not be able to bake a good joint of meat or good-sized loaves of bread in it.

If you have a chimney, and prefer relying on cooking with the bake-kettle, I would also recommend a roaster, or bachelor’s oven: this will cost only a few shillings, and prove a great convenience, as you can bake rolls, cakes, pies and meat in it. An outside oven, built of stones, bricks, or clay, is put up at small cost, and is a great comfort. \* The heating it once or twice a week, will save you much work, and you will enjoy bread much better and sweeter than any baked in a stove, oven or bake-kettle.

Many persons who have large houses of stone or brick, now adopt the plan of heating them with hot air, which is conveyed by means of pipes into the rooms. An ornamented, circular grating admits

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\* Two men, or a man and a boy will build a common-sized clay oven in a day or less, if they understand the work and prepare the materials beforehand.

the heated air, by opening or shutting the grates. The furnace is in the cellar, and is made large enough to allow of a considerable quantity of wood being put in at once.

A house thus heated is kept at summer heat in the coldest weather ; and can be made cooler by shutting the grates in any room.

The temperature of houses heated thus is very pleasant, and certainly does not seem so unhealthy as those warmed by metal stoves, besides there being far less risk from fire.

Those who wish to enjoy the cheerful appearance of a fire in their sitting room, can have one; as little wood is required in such case.

The poorer settlers, to whom the outlay of a dollar is often an object, make very good washing tubs out of old barrels, by sawing one in half, leaving two of the staves a few inches higher than the rest, for handles. Painted washing-tubs made of pine, iron hooped, cost a dollar ; painted water-pails only 1s. 6d. a piece ; but they are not very durable. Owing to the dryness of the air, great care is requisite to keep your tubs, barrels and pails in proper order. Many a good vessel of this kind is lost for want of a little attention.

The washing tubs should be kept in the cellar, or with water in them. Those who keep servants must not forget to warn them of this fact.

In fitting up your house, do not sacrifice all comfort in the kitchen, for the sake of a best room for receiving company.

If you wish to enjoy a cheerful room, by all means have a fire-place in it. A blazing log-fire is an object that inspires cheerfulness. A stove in the hall or passage is a great comfort in winter ; and the pipe conducted rightly will warm the upper rooms ; but do not let the stove supersede the cheering fire in the sitting-room. Or if your house has been built only to be heated by stoves, choose one that, with a grate in front, can be opened to show the fire. A handsome parlour-stove can now be got for twelve dollars. Tanned and dyed sheep-skins make excellent door mats, and warm hearth-rugs. With small outlay of money your room will thus be comfortably furnished.

A delightful easy-chair can be made out of a very rough material—nothing better than a common flour barrel. I will, as well as I

can, direct you how these barrel-chairs are made. The first four or five staves of a good, sound, clean flour barrel are to be sawn off, level, within two feet of the ground, or higher, if you think that will be too low for the seat : this is for the front : leave the two staves on either side a few inches higher for the elbows ; the staves that remain are left to form the hollow back : augur holes are next made all round, on a level with the seat, in all the staves ; through these holes ropes are passed and interlaced, so as to form a secure seat : a bit of thin board may then be nailed, flat, on the rough edge of the elbow staves, and a coarse covering, of linen or sacking, tacked on over the back and arms : this is stuffed with cotton-wool, soft hay, or sheep's wool, and then a chintz cover over the whole, and well-filled cushion for the seat, completes the chair. Two or three of such seats in a sitting-room, give it an air of great comfort at a small cost.

Those settlers who come out with sufficient means, and go at once on cleared farms, which is by far the best plan, will be able to purchase very handsome furniture of black walnut or cherry wood at moderate cost. Furniture, new and handsome, and even costly, is to be met with in any of the large towns ; and it would be impertinent in me to offer advice as to the style to be observed by such persons : it is to the small farmer, and poorer class, that my hints are addressed.

The shanty, or small log-house of the poorer emigrant, is often entirely furnished by his own hands. A rude bedstead, formed of cedar poles, a coarse linen bag filled with hay or dried moss, and bolster of the same, is the bed he lies on ; his seats are benches, nailed together ; a table of deal boards, a few stools, a few shelves for the crockery and tinware ; these are often all that the poor emigrant can call his own in the way of furniture. Little enough and rude enough. Yet let not the heart of the wife despond. It is only the first trial ; better things are in store for her.

Many an officer's wife, and the wives of Scotch and English gentlemen, in the early state of the colony have been no better off.— Many a wealthy landowner in Canada was born in circumstances as unfavourable. Men who now occupy the highest situations in the country, have been brought up in a rude log-shanty, little better than an Indian wigwam. Let these things serve to cheer the heart and

smooth the rough ways of the settler's first outset in Canadian life.— And let me add that now there is more facility for the incoming emigrant's settling with comfort, than there was twenty or thirty years ago ; unless he goes very far back into the uncivilized portions of the country, he cannot now meet with the trials and privations that were the lot of the first settlers in the Province. And there is no necessity for him to place himself and family beyond the outskirts of civilization. Those who have the command of a little capital can generally buy land with some clearing and buildings ; and the working man can obtain good employment for his wife and elder girls or boys, so as to enable them by their united savings, to get a lot of land for themselves, to settle upon. This is more prudent than plunging at once into the bush, without possessing the experience which is necessary for their future welfare, almost for their very existence, in their new mode of life. When they have earned a little money and some knowledge of the ways of the country, they may then start fair, and by industry and sobriety, in a few years become independent.

To pay for his land by instalments, is the only way a poor man can manage to acquire property : to obtain his deed, is the height of his ambition : to compass this desirable end all the energies of the household are directed, For this the husband, the wife, the sons and the daughters all toil : each contributes his or her mite : for this they endure all sorts of privations, without murmuring. In a few years the battle is won. Poverty is no longer to be feared.

The land is their own : with what pride they now speak of it ; with what honest delight they contemplate every blade of wheat, every ear of corn, and the cattle that feed upon their pastures. No rent is now to be paid for it. God has blessed the labours of their hands. Let them not forget that to him is the glory and praise due.

When they have acquired land and cattle, let them not in the pride of their hearts say—" My hand and the power of my arm has gotten me all these ;" for it is God that giveth the increase in all these things.

#### ON TEMPERANCE.

With habits of industry long practiced, cheered by a reasonable hope, and with experience gained, no one need despair of obtaining

all the essential comforts of life ; but strict sobriety is indispensably necessary to the attainment of his hopes. Let not the drunkard flatter himself that success will attend his exertions. A curse is in the cup ; it lingers in the dregs to embitter his own life and that of his hapless partner and children. As of the sluggard, so also may it be said of the intemperate—"The *drunkard* shall starve in harvest." It is in vain for the women of the household to work hard and to bear their part of the hardships incidental to a settler's life, if the husband gives himself up as a slave to this miserable vice.

I dwell more earnestly upon this painful subject, because unfortunately the poison sold to the public under the name of whiskey, is so cheap, that for a few pence a man may degrade himself below the beasts that perish, and barter away his soul for that which profiteth not ; bring shame and disgrace upon his name, and bitterness of heart into the bosom of his family. I have known sad instances of this abhorrent vice, even among the women ; and they have justified themselves with saying—"We do it in self-defence, and because our husbands set us the example : it is in vain for us to strive and strive ; for everything is going to ruin." Alas that such a plea should ever be made by a wife. Let the man remember that God has set him for the support of the wife : he is the head, and should set an example of virtue, and strength, rather than of vice and weakness. Let both avoid this deadly sin, if they would prosper in life, and steadfastly resist the temptation that besets them on every side. And not to the poor man alone would I speak ; for this evil habit pervades all classes ; and many a young man of fair expectations is ruined by this indulgence, and many a flourishing home is made desolate by him who founded it. The last state of this man is worse than the first.

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#### FEMALE ENERGY.

It is a matter of surprize to many persons to see the great amount of energy of mind and personal exertion that women will make under the most adverse circumstances in this country. I have marked with astonishment and admiration acts of female heroism, for such it may be termed in women whose former habits of life had exempted them from any kind of laborious work, urged by some unforeseen exigency,

perform tasks from which many men would have shrunk. Sometimes aroused by the indolence and inactivity of their husbands or sons, they have resolutely set their own shoulders to the wheel, and borne the burden with unshrinking perseverance unaided ; forming a bright example to all around them, and showing what can be done when the mind is capable of overcoming the weakness of the body.

A poor settler was killed by the fall of a tree, in his fallow. The wife was left with six children, the youngest a babe, the eldest a boy of fourteen. This family belonged to the labouring class. The widow did not sit down and fold her hands in utter despair, in this sad situation ; but when the first natural grief had subsided, she roused herself to do what she could for the sake of her infants. Some help no doubt she got from kind neighbours ; but she did not depend on them alone. She and her eldest son together, piled the brush on the new fallow ; and with their united exertions and the help of the oxen, they managed to log and burn off the Spring fallow. I dare say they got some help, or called a logging Bee, to aid in this work.— They managed, this poor widow and her children, to get two or three acres of wheat in, and potatoes, and a patch of corn ; and to raise a few vegetables. They made a brush fence and secured the fields from cattle breaking in, and then harvested the crops in due time, the lad working out sometimes for a week or so, to help earn a trifle to assist them.

That fall they underbrushed a few acres more land, the mother helping to chop the small trees herself, and young ones piling the brush. They had some ague, and lost one cow, during that year ; but still they fainted not, and put trust in Him who is the helper of the widow and fatherless. Many little sums of money were earned by the boys shaping axe-handles, which they sold at the stores, and beech brooms : these are much used about barns and in rough work. They are like the Indian brooms, peeled from a stick of iron-wood, blue-beech, or oak. Whip-handles of hickory, too, they made. They sold that winter maple sugar and molasses ; and the widow knitted socks for some of the neighbours, and made slippers of listing. The boys also made some money by carrying in loads of oak and hemlock bark, to the tanners, from whom they got orders on the stores for groceries, clothes and such things. By degrees their stock in-

creased, and they managed by dint of care and incessant labour to pay up small instalments on their land. How this was all done by a weak woman and her children, seems almost a miracle, but they brought the strong will to help the weak arm.

I heard this story from good authority, from the physician who attended upon one of the children in sickness, and who had been called in at the inquest that was held on the body of her husband.

Dr. H. often named this woman as an example of female energy under the most trying circumstances; and I give it to show what even a poor, desolate widow may do, even in a situation of such dire distress.

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#### BORROWING.

And now I would say a few words about borrowing—a subject on which so much has been said by different writers who have touched upon the domestic peculiarities of the Canadians and Yankees.

In a new settlement where people live scattered, and far from stores and villages, the most careful of housewives will sometimes run out of necessaries, and may be glad of the accommodation of a cupful of tea, or a little sugar; of barm to raise fresh rising, or flour to bake with. Perhaps the mill is far off, and the good man has been too much occupied to take in a grist. Or medicine may be needed in a case of sudden illness.

Well, all these are legitimate reasons for borrowing, and all kindly, well-disposed neighbours will lend with hearty good-will: it is one of the exigencies of a remote settlement, and happens over and over again.

But as there are many who are not over scrupulous in these matters, it is best to keep a true account in black and white, and let the borrowed things be weighed or measured, and returned by the same weight and measure. This method will save much heart-burning and some unpleasant wrangling with neighbours; and if the same measure is meted to you withal, there will be no cause of complaint on either side. On your part be honest and punctual in returning, and then you can with a better face demand similar treatment.

Do not refuse your neighbors in their hour of need; for you also may be

glad of a similar favour. In the Backwoods especially, people cannot be independent of the help and sympathy of their fellow creatures. Nevertheless do not accustom yourself to depend too much upon any one.

Because you find by experience that you can borrow a pot or a pan, a bake-kettle or a washing-tub, at a neighbour's house, that is no good reason for not buying one for yourself, and wearing out Mrs. So-and-so's in your own service. Once in a while, or till you have supplied the want, is all very well ; but do not wear out the face of friendship, and be taxed with meanness.

Servants have a passion for borrowing, and will often carry on a system of the kind for months, unsanctioned by their mistresses ; and sometimes coolness will arise between friends through this cause. In towns there is little excuse for borrowing : the same absolute necessity for it does not exist.

If a neighbour, or one who is hardly to be so called, comes to borrow articles of wearing apparel, or things that they have no justifiable cause for asking the loan of, refuse at once and unhesitatingly.

I once lived near a family who made a dead set at me in the borrowing way. One day a little damsel of thirteen years of age, came up quite out of breath to ask the loan of a best night-cap, as she was going out on a visit ; also three nice worked-lace or muslin collars—one for herself, one for her sister, and the third was for a cousin, a new-arrival ; a pair of walking-boots to go to the fair in at ———, and a straw hat for her brother Sam, who had worn out his ; and to crown all, a small-tooth comb, “to redd up their hair with, to make them nice.”

I refused all with very little remorse ; but the little damsel looked so rueful and begged so hard about the collars, that I *gave* her two, leaving the cousin to shift as she best could ; but I told her not to return them, as I never *lent clothes*, and warned her to come no more on such an errand. She got the shoes elsewhere, and, as I heard they were worn out in the service before they were returned. Now against such a shameless abuse of the borrowing system, every one is justified in making a stand : it is an imposition, and by no means to be tolerated.

Another woman came to borrow a best baby-robe, lace-cap and fine flannel petticoat, as she said she had nothing grand enough to take the baby to church to be christened in. Perhaps she thought it would make the sacrifice more complete if she gave ocular demonstration of the pomps and vanities being his to renounce and forsake.

I declined to lend the things, at which she grew angry, and departed in a great pet, but got a present of a handsome suit from a lady who thought me very hard-hearted. Had the woman been poor, which she was not, and had begged for a decent dress for the little Christian, she should have had it ; but I did not respect the motive for borrowing finer clothes than she had herself, for the occasion.

I give these instances that the new comer may distinguish between the use and the abuse of the system ; that they may neither suffer their good nature and inexperience to be imposed upon, nor fall into the same evil way themselves, or become churlish and unfriendly as the manner of some is.

One of the worst points in the borrowing system is, the loss of time and inconvenience that arises from the want of punctuality in returning the thing lent : unless this is insisted upon and rigorously enforced, it will always remain, in Canada as elsewhere, a practical demonstration of the old adage—"Those who go borrowing, go sorrowing ;" they generally lose a friend.

There is one occasion on which the loan of household utensils is always expected : this is at "Bees", where the assemblage always exceeds the ways and means of the party ; and as in country places these acts of reciprocity cannot be dispensed with, it is best cheerfully to accord your help to a neighbour, taking care to count knives, forks, spoons, and crockery, or whatever it may be that is lent carefully, and make a note of the same, to avoid confusion. Such was always my practice, and I lived happily with neighbours, relations and friends, and never had any misunderstanding with any of them.

I might write an amusing chapter on the subject of borrowing ; but I leave it to those who have abler pens than mine, and more lively talents, for amusing their readers.

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## CHOICE OF A VESSEL.

In the choice of a vessel in which to embark for Canada, those persons who can afford to do so, will find better accommodations and more satisfaction in the steamers that ply between Liverpool and Quebec, than in any of the emigrant ships. The latter may charge a smaller sum per head, but the difference in point of health, comfort and respectability will more than make up for the difference of the charge. The usual terms are five or six pounds for grown persons ; but doubtless a reduction on this rate would be made, if a family were coming out. To reach the land of their adoption in health and comfort, is in itself a great step towards success. The commanders of this line of ships are all men of the highest respectability, and the poor emigrant need fear no unfair dealing, if they place themselves and family under their care. At any rate the greatest caution should be practiced in ascertaining the character borne by the captains and owners of the vessels in which the emigrant is about to embark ; even the ship itself should have a character for safety, and good speed. Those persons who provide their own sea-stores, had better consult some careful and experienced friend on the subject. There are many who are better qualified than myself, to afford them this valuable information.

## LUGGAGE.

As to furniture, and iron-ware, I would by no means advise the emigrant to burden himself with such matters ; for he will find that by the time he reaches his port of destination, the freightage, warehouse room, custom-house duties, and injury that they have sustained in the transit, will have made them dear bargains, besides not being as suitable to the country as those things that are sold in the towns in Canada. Good clothing and plenty of good shoes and boots, are your best stores, and for personal luggage you will have no freight to pay. A list of the contents of each box or trunk, being put within the lid, and showed to the custom-house officer, will save a great deal of unpacking and trouble. Any of your friends sending out a box to you, by forwarding an invoice and a low estimate of the value of the goods, the address of the party, and the bill of lading, properly signed by the captain to whose care it is assigned, to the

forwarder at Montreal, will save both delay and expence. Macpherson, Crane & Co., Montreal, or Gillespie & Company, with many others of equal respectability, may be relied upon. For upwards of twenty years I have had boxes and packages forwarded through Macpherson, Crane & Co., Montreal, without a single instance of loss: the bill of lading and invoice being always sent by post as soon as obtained: by attention to this advice much vexatious delay is saved, and the boxes pass unopened through the custom-house.

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I now copy for the instruction of the emigrant, the following advice which was published in the "Old Countryman", an excellent Toronto bi-weekly paper:

EMIGRATION TO CANADA.—The arrangements made by the Government of Canada for the reception and protection of emigrants on their arrival at Quebec contrast in a remarkable manner with the want of such arrangements at New York, and the other ports of the United States, to which emigrants are conveyed from Europe. On the arrival of each emigrant ship in the river St. Lawrence, she is boarded by the medical officer of the Emigrant Hospital at Grosse Isle, situated a few miles below Quebec, and, whenever disease prevails in a ship, the emigrants are landed, and remain at the hospital, at the expense of the Colonial Government, until they are cured.—On the ship's arrival at Quebec, Mr. Buchanan, the government agent of emigrants, proceeds at once on board, for it is his duty to advise and protect each emigrant on his arrival. He inquires into all complaints, and sees that the provisions of the Passenger Act are strictly enforced. This he is enabled to do in a most effectual manner, as under an arrangement sanctioned by the Commissioners of Emigration in Great Britain, whenever an emigrant vessel leaves any British port for Quebec, the emigration officer of that port forwards to Mr. Buchanan, by mail steamer, a duplicate list of her passengers, with their names, age, sex, trade, &c. This list is usually received by him two or three weeks before the vessel reaches Quebec, so that he is not only fully prepared for her arrival, but is furnished with every particular which may be useful to him in protecting the emigrants.—If just cause of complaint exist, he institutes, under a very summary law of the Province of Canada, legal proceedings against the master: but so thoroughly are the value and efficiency of this officer felt, that since a very short period subsequent to his appointment, it has very rarely been found necessary to take such proceedings. In cases where emigrants have arrived without sufficient funds to take them to places where employment is abundant and remunerative, their fares have been paid by Mr. Buchanan, out of the funds in his possession

for the purpose. Emigrants from other than British ports experience precisely the same protection at the hands of Mr. Buchanan.— In 1853 about one-sixth of the emigration to Canada was German and Norwegian.

**IMPORTANT TO EMIGRANTS.**—The many fatal cases of cholera which have taken place on board emigrant vessels, will impress upon all who contemplate emigrating the propriety of adopting the salutary precautions set down by orders of her Majesty's Land and Emigration Commissioners, and widely circulated by placard. These precautions state :—That the sea-sickness, consequent on the rough weather which ships must encounter at this season, joined to the cold and damp of a sea-voyage, will render persons who are not very strong more susceptible to the attacks of this disease. To those who may emigrate at this season, the Commissioners strongly recommend that they should provide themselves with as much warm clothing as they can, and especially with flannel, to be worn next the skin; that they should have both their clothes and their persons quite clean before embarking, and should be careful to do so during the voyage—and that they should provide themselves with as much solid and wholesome food as they can procure, in addition to the ship's allowance, to be used on the voyage, and that it would, of course, be desirable, if they can arrange it, that they should not go in a ship that is much crowded, or that is not provided with a medical man.

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EXTRACT FROM MR. VERE FOSTER'S ADVICE TO EMIGRANTS AS TO SHIP STORES AND OTHER ESSENTIALS FOR THE VOYAGE.

I have been allowed by the author of a most useful and comprehensive little pamphlet on emigration, written for the use of poor emigrants by Vere Foster, Esq., and circulated at the low price of one penny, to make the following extracts, which I think must be of much value to families preparing to embark for this country, and contains some points of information which I was not able myself to supply :—

Mr. Foster says :—

The lowest prices of passage from Liverpool to the different Ports in America, are much as follows :—

Quebec	.....	£3	0	0	to	£4	10	0
Philadelphia	.....	3	0	0	to	4	10	0
New Orleans	.....	3	5	0	to	4	10	0

To the United States 10s. less is charged for any passenger under fourteen years of age ; to Canada one-half less is charged ; under twelve months often free of all charge.

From London £1 higher is charged than the above rates.

The rates of passage are higher than they were last year, on account of the high prices of provisions and increased expenses in the fitting up of ships, caused by the regulations of the late acts of parliament.

Some steamers take passengers from Liverpool to Philadelphia for £8 8s. 0d. Others go in summer from Liverpool to Montreal, in Canada, for £7 7s. 0d., including provisions. In the winter months they go to Portland in Maine, where the fare, including railway fare, also is £7 7s. 0d. : to New York it is £8 8s. 0d.

#### PURCHASE OF PASSAGE TICKETS.

I would recommend emigrants to employ *no one*, but purchase for themselves at the Head Agency Office of the ship at the port of embarkation ; or from the master of the ship in which they are about to sail ; where they will be more likely to be charged the market rate. This ticket should be given up to *no one*, but should be kept till after the end of the voyage by the passenger, in order that he may at all times know his rights.

Ships with but one sleeping deck are preferable to those with two, on account of health ; and the less crowded with passengers the better for comfort. \*

As to those who wish to buy land, let them see it first, and avoid the neighbourhood of marshes, and rivers, where sickness is sure to prevail. † In the States of America, the price of Government land is One dollar and a quarter per acre. In Canada the government land is 7s. 6d. per acre.

#### OUTFIT OF PROVISIONS, UTENSILS AND BEDDING.

The quantities of provisions which each passenger, fourteen years of age and upwards, is entitled to receive on the voyage to America, including the time of detention, if any, at the port of embarkation, are according to

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\* The humane writer of the "Advice to Emigrants" from which the above remarks are taken, though a person of education and refinement, and in delicate health, voluntarily chose to come out to Canada as a steerage passenger, that he might test in his own person the privations and discomforts to which the poorer emigrant passengers are exposed, and be enabled to afford suitable advice respecting the voyage-out to others.

† This rather belongs to small lakes and slow-flowing waters with low flat shores. Rapid rivers with high steep banks are not so unhealthy.

*British Law,*

3 quarts of water daily.	1½ lb sugar..... weekly.
2½ lbs of bread or biscuit weekly.	2 oz. tea, or 4 oz. coffee or
1 lb wheaten flour..... “	cocoa..... “
5 lb oatmeal ..... “	2 oz. salt ..... “
2 lb rice..... “	

*American Law.*

3 qts. of water daily.	½ lb sugar..... weekly.
2½ lb navy bread ..... weekly.	2 oz. tea..... “
1 lb wheaten flour ..... “	8 oz. of molasses and vin-
6 lbs oatmeal ..... “	egar..... “
1 lb of salt pork..... “	
(free from bone.)	

According to an act of Parliament which came in force on 1st October, 1852, certain articles may be substituted for the oatmeal and rice at the option of the master of the ship.

In every Passenger ship issues of provisions shall be made daily before two o'clock in the afternoon, as near as may be in the proportion of one-seventh of the weekly allowance on each day. The first of such issues shall be made before two o'clock in the afternoon of the day of embarkation to such passengers as shall be then on board, and all articles that require to be cooked shall be issued in a cooked state. This excellent Parliamentary regulation is often evaded.—Each passenger is entitled to lodgings and provisions on board from the day appointed for sailing in his ticket, or else to 1s. per day, for every day of detention, and the same for forty-eight hours after arriving in America.

## EXTRA PROVISIONS FOR THE VOYAGE.

As respects extra provisions, as great a quantity as heretofore will probably not be required, if the ship's provisions are issued according to law, cooked.

In my recent voyage in the *Washington* from Liverpool to New-York, which voyage occupied thirty-seven days, I took out the following extras, which I found quite sufficient. 1½ stone wheaten flour; 6 lbs bacon; 2½ lbs butter; a 4-lb loaf, hard baked; ¼ lb tea; 2 lbs brown sugar; salt, soap, and bread soda for raising cakes. These extras cost 10s. 6d. I also took the following articles—the prices as follows:—

	s.	d.
Tin water-can holding six quarts .....	8	
Large tin hooked-saucepan .....	6	
Frying pan .....	8	
Tin wash-basin .....	6	
Tin tea-pot .....	4	
Tin kettle .....	9	
Two deep tin-plates .....	3	
Two pint-mugs .....	3	
Two knives, forks and spoons .....	9	
Barrel and padlock for holding provisions.....	1	0
Straw matrass .....	1	0
Blanket, single .....	2	0
Rugs .....	1	3
Sheets, each.....	10	½

The handles and spouts of the tin-ware should be rivetted as well as soldered. Families would do well to take out a covered slop-pail and a broom. The bottoms of the chests and trunks should have two strips of wood nailed to them to keep them from the damp floor. In addition to the extra stores, a cheese, a few herrings, with some potatoes and onions may be added. [The eyes or shoots can be destroyed by drying the roots in an oven after the baking heat is off, for a few minutes; or they may be rubbed off with a coarse cloth from time to time.] Preserved milk is also a good thing; it can be kept good for some time. \*

As little luggage as possible should be taken, as the carriage often comes to as much as the first cost: woollen, and shoes, however, are cheaper at home, and therefore it is advisable to bring a good supply.

Fruits and green vegetables should be eaten very sparingly at first: the free indulgence in fresh meat is also apt to bring on diarrhœa.—Many deaths happen in consequence of want of prudent attention to temperance in meats and drinks on first coming ashore.

EMIGRANTS ON LANDING, should not linger about the suburbs of the ports and large towns, but go at once into the interior, for it is one hundred chances to one against their getting employment at these seaports. There is a great propensity in the poorer sort of emigrants to linger idling about the cities, spending their time and their little means, often refusing work when it is offered them, till their last penny is spent, when the trunks and other property are seized to pay for lodging. It is best to get work as fast as possible, and it is unreasonable to look for the highest rate of wages till a little experience in

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\* Fresh milk put into a close jar and set in a pot of water, kept boiling for six or eight hours, and when cool bottled and corked with waxed corks, will keep some time. An ounce of white sugar boiled with the milk or cream will help to preserve it; and just before bottling, a small quantity—half a tea-spoonful—of carbonate of soda, may be added.

the work of the country has made them expert in the handling of the tools, which are often very different to those with which they have been used to labour.

Intoxicating drinks are unfortunately very cheap in America and Canada. They are a great curse to the emigrant, and the main obstacle to his bettering his condition. Emigrants would do well to take the temperance pledge before sailing; as no liquors are allowed on board ship, they will have a beautiful opportunity of breaking themselves in to total abstinence of a practice which is injurious to health, expensive and selfish, as it robs them of the power of maintaining their families and adding to their comforts."—*Abridged from "Emigration to America" by Vere Foster, Esq.*

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I have given you the substance of this valuable advice to emigrants, with here and there a few words added or omitted as the case might be.

I have omitted saying that the most eligible part of Canada for emigrants desiring to buy wild land, is the western portion of the Upper Province, or that peninsula that lies between the great waters of Lakes Ontario, Erie, Huron and the smaller lake Simcoe. Railroads and public works are being carried on in this part of the country; the land is of the richest and most fertile description, and the climate is less severe. The new townships afford excellent chances for mechanics settling in small villages, where such trades as the shoemaker, blacksmith, carpenter, wheelwright and others, are much needed, and in these new settlements labour of this kind pays well, because there is less competition to regulate the prices. It is a good thing for those who grow up with a new place; they are sure to become rich men.

I will also add a piece of additional advice. Let the immigrant on landing at any of the frontier towns ask for the Government agent, but if none be resident in the place, and he is at a loss for advice as to the best mode of proceeding, let him then enquire for the clergyman, the mayor or one of the head gentlemen or merchants of the town. These persons have no interest to deceive or mislead in any way, and will give you all the information that you may need as to the best way of lodging and disposing of your family, and also the most likely persons to afford you employment.

In Toronto Mr. Hawke, the Crown Agent, will give all attention to you : he is a man whose knowledge is only surpassed by his uprightness and benevolence. You have only to ask his address ; any one will direct you to his office.

One more piece of advice I would give to mothers who have young girls whom they may think proper to put to service ; or to servant girls who come out without parents to act for them. Be careful how you enter into low families such as the keepers of low boarding houses or taverns, without endeavouring to learn something of the character of the parties, and by no means let relations or friends separate in a strange place without making some written note of their place of abode or future destination : by such carelessness many young people have lost all trace of their fathers and mothers, sisters and brothers, or of the friend under whose care they were placed by their relatives, and have suffered the most painful anxiety. Negligence of this kind is very much to be condemned and should be avoided. This is an error that often arises from ignorance and want of proper consideration. Perhaps you who read this book may deem such advice uncalled for, and so it may be in the case of all careful and thoughtful persons ; but these may come out in the same vessel with others who are of a reckless, improvident nature, on whom they may impress the value of the advice here given. Among the Irish and even more cautious Scotch emigrants I have met with many many instances of children being left in a strange land without a trace of their place of residence being preserved,—the children in their turn having no clue by which to discover their parents.

#### POSTAGE.

In Canada the rates of postage are not high, though still they are greater than in the old country. Three-pence will pay a single letter to any part of the Province, and 7½d. to Great Britain, if marked Via Halifax : if sent unmarked it goes through the United States and costs 10d. postage.

In every large town once or twice a month a printed list of unclaimed letters lying at the Post-Office is published in one of the newspapers, by which regulation very few letters are lost.

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Owing to the rapid progress made in the Province during the last few years in population, trade, agriculture and general improvement, lands have increased in value, and it now requires as many pounds to purchase a farm as formerly it cost dollars.

The growth of towns and villages, the making of roads, gravel, plank and now rail-roads; the building of bridges, the improvement of inland navigation, mills of all sorts, cloth factories, and the opportunities of attending public worship have, under a peaceful government, effected this change; and wise men will consider that the increased value of lands is a convincing proof of the flourishing condition of the people and the resources of the country, and feel encouraged by the prospect of a fair return for capital invested either in land or any other speculation connected with the merchandize of the country.

The crown lands to the Westward, in the newly surveyed counties, are selling at 12s. 6d. currency per acre. The soil is of great fertility; and to this portion of the Province vast numbers are directing their steps; certain that in a few years the value of these bush farms will be increased fourfold; but let none but the strong in arm and will go upon wild land. The giants of the forest are not brought down without much severe toil; and many hardships must be endured in a backwoodsman's life, especially by the wife and children. If all pull together, and the women will be content to bear their part with cheerfulness, no doubt success will follow their honest endeavours.— But a wild farm is not to be made in one, two or even five years.— The new soil will indeed yield her increase to a large amount, but it takes years to clear enough to make a really good farm, to get barns and sheds and fences and a comfortable dwelling-house: few persons accomplish all this under ten, fifteen and sometimes even twenty years. I am speaking now of the poor man, whose only capital is his labour and that of his family; and many a farmer who now rides to market or church in his own waggon and with his wife and children, well and even handsomely clad, by his side, has begun the world in Canada with no other capital. It is true his head has grown grey while these comforts were being earned, but he has no parish poor-house in the distance to look forward to as his last resource, or the bitter legacy of poverty to bequeath to his famishing children and broken-hearted widow. And with so fair a prospect for the future, wives and mothers

will strive to bear with patience the trials and toils which lead to so desirable an end, but let not the men rashly and unadvisedly adopt the life of settlers in the Bush, without carefully considering the advantages and disadvantages that this mode of life offer over any other ; next his own capabilities for successfully carrying it into effect, and also those of his wife and family : if he be by nature indolent, and in temper desponding, easily daunted by difficulties and of a weak frame of body, such a life would not suit him. If his wife be a weakly woman, destitute of mental energy, unable to bear up under the trials of life, she is not fit for a life of hardship—it will be useless cruelty to expose her to it. If the children are very young and helpless, they can only increase the settler's difficulties, and render no assistance in the work of clearing ; but if on the contrary the man be of a hardy, healthy, vigorous frame of body, and of a cheerful, hopeful temper, with a kind partner, willing to aid both within doors and without, the mother of healthy children, then there is every chance that they will become prosperous settlers, an honor to the country of their adoption. The sons and daughters will be a help to them instead of a drawback, and the more there are from six years old and upwards to lend a hand in the work of clearing, the better for them : they will soon be beyond the reach of poverty. It is such settlers as these that Canada requires and will receive with joy. To all such she bids a hearty welcome and God speed ; and I trust the intelligent wives and daughters of such settlers may derive some assistance in their household labours from the instruction conveyed to them as well as to others in the pages of this book, which is not intended to induce any one to emigrate to Canada, but to instruct them in certain points of household economy, that they may not have to learn as many have done, by repeated failures and losses, the simple elements of Canadian housekeeping. -

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Among the many works most particularly valuable for affording the best information for Emigrants, I would point out "Brown's View's of Canada and the Colonists, Second Edition, Edinburgh, 1851," and Major Strickland's "Twenty-seven years' residence in Canada." The former supplies all necessary statistics, written with much good sense judgment and ability, while the latter, besides being very amusing,

contains the best practical advice for all classes of settlers ; but unfortunately is published at a price that places it out of the reach of the " People." It is a pity that the plain, practical portion of the work is not issued in a pamphlet form, at a rate which would place it at once within the means of the poorer class of emigrants, to whom it would be invaluable, as it gives every possible instruction that they require as back-woods settlers.

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## DESCRIPTION OF A NEW SETTLEMENT.

*Extracted from Major Strickland's "Twenty-seven years' Residence in Canada West."*

"On the 16th of May, 1826, I moved up with all my goods and chattels, which were then easily packed into a single-horse waggon, and consisted of a plough-iron, six pails, a sugar-kettle, two iron pots, a frying-pan with a long handle, a tea-kettle, a few cups and saucers,\* a chest of carpenter's tools, a Canadian axe, and a cross-cut saw.

"My stock of provisions comprised a parcel of groceries, half a barrel of pork, and a barrel of flour.

"The roads were so bad (in those days when there were no roads) that it took me three days to perform a journey of little more than fifty miles. [This was twenty-eight years ago, let it be remembered, when travelling was a matter of great difficulty.] We, that is my two labourers and myself, had numerous upsets, but reached at last the promised land.

"My friends in Douro turned out the next day and assisted me to put up the walls of my shanty and roof it with basswood troughs, and it was completed before dark. [This shanty was for a temporary shelter only, while working on the chopping, and preparing for the building of a good log-house.]

"I was kept busy for more than a week chinking between the logs, and plastering up all the crevices, cutting out the doorway and place for the window-casing, then making a door and hanging it on wooden hinges. I also made a rough table and some stools, which answered better than they looked.

"Four thick slabs of limestone placed upright in one corner of the shanty, with clay packed between them to keep the fire off the logs, answered very well for a chimney, with a hole cut through the roof above to vent the smoke.

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\* Instead of crockery, the old bush-settler's plates and dishes, cups, &c. were of tin, which stood the rough travel of the forest roads better than the more brittle ware.

"I made a tolerable bedstead out of some ironwood poles, by stretching strips of elmwood bark across, which I plaited strongly together to support my bed, which was a good one, and the only article of luxury in my possession.

"I had foolishly hired two Irish emigrants who had not been in Canada longer than myself, and of course knew nothing of either chopping, logging or fencing, or indeed of any work belonging to the country. The consequence of this imprudence was that the first ten acres I cleared cost me nearly £5 an acre—at least £2 more than it should have done. \*

"I found chopping in the summer months very laborious. I should have underbrushed my fallow in the fall before the leaves fell, and chopped the large timber during the winter months, when I should have had the warm weather for logging and burning, which should be completed by the first day of September. For want of experience it was all uphill work with me.

\* \* \* \* \*

"A person who understands chopping can save himself a good deal of trouble and hard work by making what is called a *Plan* heap. Three or four of these may be made on an acre, but not more. The largest and most difficult trees are felled, the limbs only being cut off and piled. Then all the trees that will fall in the same direction should be thrown along on the top of the others, the more the better chance of burning well.

"If you succeed in getting a good fallow, the chances are, if your plan-heaps are well made, that the timber will be for the most part consumed, which will save a great many blows with the axe, and some heavy logging. †

"As soon as the ground was cool enough after the burn was over, I made a Logging Bee, at which I had five yoke of oxen and twenty men. The teamster selects a large log to commence a heap—one which is too pondrous for the cattle to draw: against this the other logs are drawn and piled: the men with handspikes roll them up one above the other, until the heap is seven or eight feet high and ten or twelve broad—all the chips, sticks, roots, and other rubbish are thrown up on the top of the heap. A team and four men can pick and log an acre a day if the burn has been good.

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\* The usual price for chopping, logging and fencing an acre of hardwood land is from eleven to twelve dollars; but if the pine, hemlock and spruce predominate, fourteen dollars is given.

† I have been told that in the western townships where the land is very heavily timbered, the usual plan now adopted by the settlers is to chop one year and let the timber lie till the following year when it is fired. The fire burns all up, so that a few charred logs and brands which are easily logged up is all that remain. This lightens the labour I am told very much; it is practised in the "Queen's Bush."

“My hive worked well, for we had five acres logged and fired that night. On a dark night a hundred or two of such heaps all on fire at once have a very fine effect, and shed a broad glare of light over the country for a considerable distance.

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“My next steps towards my house-building was to build a lime heap for the plastering of my walls and building my chimneys. We set to work, and built an immense log heap: we made a frame of logs on the top of the heap to keep the stone from falling over the side. We drew twenty cart loads of limestone broken up small with a sledge hammer, which was piled into the frame, and fire applied below. This is the easiest way in the bush of getting a supply of this useful material.

“I built my house of elm logs, thirty-six feet long by twenty-four feet wide, which I divided into three rooms on the ground floor besides an entrance-hall and staircase, and three bed-rooms above. I was busy till October making shingles, roofing, cutting out the door and windows, and hewing the logs smooth inside with broad axe.” [Then follows a description and direction for making shingles.]

In the XII chapter we have an excellent passage about the choice of land, but I must refer my reader to the work itself for that, and many other most valuable hints, and go on to select another passage or two on building &c.

“The best time of the year to commence operations is early in Sept. The weather is then moderately warm and pleasant, and there are no flies in the bush to annoy you.

“A log-shanty twenty-four feet long by sixteen feet wide is large enough to begin with, and should be roofed with shingles or troughs.\* A cellar should be dug near the fire-place commodious enough to contain twenty or thirty bushels of potatoes, a barrel or two of pork or other matters.

“As soon as your shanty is completed, measure off as many acres as you intend to chop during the winter, and mark the boundaries by a blazed-line [notched trees] on each side. The next operation is to cut down all the small trees and brush—this is called under-brushing. The rule is, to cut down every thing close to the ground from the diameter of six inches and under.

“There are two modes of piling, either in heaps or windrows. If your fallow be full of pine, hemlock, balsam, cedar and the like, then I should advise windrows; and when hardwood predominates, heaps

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\* This is a chopper's shanty: a good shelter for those who are clearing in the bush or lumbering. It should be chinked, and made wind and water tight.

are better. The brush should be carefully piled and laid all one way, by which means it packs and burns better.

"The chopping now begins, and may be followed without interruption until the season for sugar-making commences. The heads of the trees should be thrown on the heaps, or windrow; this a skilful chopper will seldom fail to do.

"The trunks of the trees must be cut into lengths from fourteen to sixteen feet, according to the size of the timber.

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"The emigrant should endeavour to get as much chopping done the first three years as possible, as after that time, he will have many other things to attend to. [It is a mistake to clear more wild land than a man and his family can work, as it is apt to get overrun with a second growth of brush and the fire-weed, and give a great deal of trouble, besides making a dirty-looking, slovenly farm.]

"In the month of May, the settlers should log up three or four acres for spring crops, such as potatoes, (which are always a great crop in the new soil,) Indian corn and turnips, which last require to be pitted or stored from the effects of the severe winter frost.

"The remainder of the fallow should be burnt off and logged up in July; the rail-cuts split into quarters and drawn aside ready for splitting up into rails. After the log-heaps are burned out, rake the ashes while hot into heaps, if you intend to make potash.\*

"As soon as the settler is ready to build, let him if he can command the means, put up a good frame, rough-cast, or a good stone-house. With the addition of £150 in cash, and the raw material, a substantial family-house can be built which will last a vast number of years."

So far my brother. I will now add a few remarks myself. There are many very substantial dwellings now seen on the old clearings, built of stone collected from the surface of the field. These are faced with a proper instrument into form, and in skilful hands are used as a proper building material. They have rather a motley surface, unless the building is rough-cast, but are very warm in winter and cool in summer. I like the deep recesses which the windows form in this sort of building; they remind one of some of the old-fashioned houses at

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\* See chap. xiii. page 170, "Twenty-seven years residence in Canada West."

I could, with great advantage to the emigrant, have made more copious extracts from my brother's useful work, but I must content myself with such as more especially bear upon the subject of the first settlement. It is much to be regretted that the high price of these volumes places the work out of the power of the poorer class of the settlers, who would have found much that was practically useful to them, as well as to the reader to whom it is more particularly addressed. A cheap abridgment would be very useful to all classes of emigrants, and I hope may be published soon.

home, with low window seats. I enjoy to sit in these gossiping corners. A good verandah round takes off from the patchy look of these stone-houses. Then there is the strip-house, and the vertical clapboard, or plank-house, and the block-house, either upright or horizontally laid ; all these are preferable in every respect to the common log-house or to the shanty ; but persons must be guided by their circumstances in building. But those who can afford a hundred or two pounds to make themselves comfortable, do so at once, but it is not wise to expend all their ready money in building a frame house at first. Among other reasons I would urge one, which is :—in building on wild land, owing to the nature of the forest land, it is very difficult to select a good site for a house or the best ; and it is mortifying to find out that you have selected the very least eligible on the land for the residence : it is better to bear with cheerfulness a small evil for a year or two than have a ceaseless cause of regret for many years. It is always necessary to have water both for household purposes and near the cattle-yard. Good chain pumps can now be bought at a cost of a few dollars ; and for soft water, tanks lined with water-lime can be constructed to any size. This is a great comfort if properly finished with a pump—the coldest water can be obtained ; the expense is proportioned to the size.

In building a house a cellar lined with stone or cedar slabs or vertical squared posts, and well lighted and ventilated, is a great object : it will be found the most valuable room in the house. The comfort of such an addition to the dwelling is incalculable ; and I strongly commend the utility of it to every person who would enjoy sweet wholesome milk, butter or any sort of provisions. A good house is nothing, wanting this convenience, and the poorest log-house is the better for it ; but the access to the under-ground apartment should not be in the floor of the kitchen or any public passage : many limbs are broken yearly by this careless management. An entrance below the stairs or in some distant corner, with a post and rail to guard it, is just as easy as in the centre of a floor where it forms a fatal trap for the careless and unwary.

An ice-house in so warm a climate as the summer months present, is also a great luxury. The construction is neither expensive nor difficult, and it would soon pay itself. Fresh meat can be hung up for

any time uninjured in the ice-house, when it would be spoiled by the ordinary summer-heat in any other situation. A lump of ice put into the drinking water, cools it to a delightful temperature, and every one who has experienced the comfort of iced butter, and the luxury of iced creams, will agree with me it is a pity every housewife has not such a convenience at her command as an ice-house.

I have placed my notice of this article in the chapter that is more particularly addressed to the men, because it depends upon them and not upon their wives, having these comforts constructed. A little attention to the conveniences of the house, and to the wishes of the mistress in its fitting up and arrangements, would save much loss and greatly promote the general happiness. Where there is a willingness on the husband's part to do all that is reasonable to promote the internal comfort; the wife on hers must cheerfully make the best of her lot—remembering that no state in life, however luxurious, is without its trials. Nay, many a rich woman would exchange her aching heart and weary spirit, for one cheerful, active, healthy day spent so usefully and tranquilly as in the Canadian settler's humble log-house, surrounded by a happy, busy family, enjoying what she cannot amid all her dear-bought luxuries, have the satisfaction of a hopeful and contented heart.

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#### REMARKS OF SECURITY OF PERSON AND PROPERTY IN CANADA.

There is one thing which can hardly fail to strike an emigrant from the Old Country, on his arrival in Canada. It is this,—The feeling of complete security which he enjoys, whether in his own dwelling or in his journeys abroad through the land. He sees no fear—he need see none. He is not in a land spoiled and robbed, where every man's hand is against his fellow—where envy and distrust beset him on every side. At first indeed he is surprised at the apparently stupid neglect of the proper means of security that he notices in the dwellings of all classes of people, especially in the lonely country places, where the want of security would really invite rapine and murder. "How is this," he says, "you use neither bolt, nor lock, nor bar. I see no shutter to your windows; nay, you sleep often with your doors open upon the latch, and in summer with open doors and windows. Surely this is fool-hardy and imprudent." "We need no such precautions," will his

friend reply smiling ; “ here they are uncalled for. Our safety lies neither in bars nor bolts, but in our consciousness that we are among people whose necessities are not such as to urge them to violate the laws ; neither are our riches such as to tempt the poor man to rob us, for they consist not in glittering jewels, nor silver, nor gold.”

“ But even food and clothes thus carelessly guarded are temptations.”

“ But where others possess these requisites as well as ourselves, they are not likely to steal them from us.”

And what is the inference that the new comer draws from this statement?

That he is in a country where the inhabitants are essentially honest, because they are enabled, by the exertion of their own hands, to obtain in abundance the necessaries of life. Does it not also prove to him that it is the miseries arising from poverty that induce crime.—Men do not often violate the law of honesty, unless driven to do so by necessity. Place the poor Irish peasant in the way of earning his bread in Canada, where he sees his reward before him, in broad lands that he can win by honest toil, and where he can hold up his head and look beyond that grave of a poor man’s hope—the parish work house—and see in the far-off vista a home of comfort which his own hands have reared, and can go down to his grave with the thought, that he has left a name and a blessing for his children after him:—men like this do not steal.

Robbery is not a crime of common occurrence in Canada. In large towns such acts will occasionally be committed, for it is there that poverty is to be found, but it is not common in country places. There you may sleep with your door unbarred for years. Your confidence is rarely, if ever, abused ; your hospitality never violated.

When I lived in the backwoods, out of sight of any other habitation, the door has often been opened at midnight, a stranger has entered and lain down before the kitchen fire, and departed in the morning unquestioned. In the early state of the settlement in Douro, now twenty years ago, it was no uncommon occurrence for a party of Indians to enter the house, (they never knock at any man’s door,) leave their hunting weapons outside, spread their blankets on the floor, and

pass the night with or without leave, arise by the first dawn of day, gather their garments about them, resume their weapons, and silently and noiselessly depart. Sometimes a leash of wild ducks hung to the door-latch, or a haunch of venison left in the kitchen, would be found as a token of gratitude for the warmth and shelter afforded them.

Many strangers, both male and female, have found shelter under our roof, and never were we led to regret that we had not turned the houseless wanderer from our door.

It is delightful this consciousness of perfect security : your hand is against no man, and no man's hand is against you. We dwell in peace among our own people. What a contrast to my home, in England, where by sunset every door was secured with locks and heavy bars and bolts ; every window carefully barricaded, and every room and corner in and around the dwelling duly searched, before we ventured to lie down to rest, lest our sleep should be broken in upon by the midnight thief. As night drew on, an atmosphere of doubt and dread seemed to encompass one. The approach of a stranger was beheld with suspicion ; and however great his need, we dared not afford him the shelter of our roof, lest our so doing should open the door to robber or murderer. At first I could hardly understand why it happened that I never felt the same sensation of fear in Canada as I had done in England. My mind seemed lightened of a heavy burden ; and I, who had been so timid, grew brave and fearless amid the gloomy forests of Canada. Now, I know how to value this great blessing. Let the traveller seek shelter in the poorest shanty, among the lowest Irish settlers, and he need fear no evil, for never have I heard of the rites of hospitality being violated, or the country disgraced by such acts of cold-blooded atrocity as are recorded by the public papers in the Old Country.

Here we have no bush-rangers, no convicts to disturb the peace of the inhabitants of the land, as in Australia. No savage hordes of Caffres to invade and carry off our cattle and stores of grain as at the Cape ; but peace and industry are on every side. "The land is at rest and breaks forth into singing." Surely we ought to be a happy and a contented people, full of gratitude to that Almighty God who has given us this fair and fruitful land to dwell in.

## NATURAL PRODUCTIONS OF THE WOODS.—HOW MADE AVAILABLE TO THE SETTLER.

When the Backwoodsman first beholds the dense mass of dark forest which his hands must clear from the face of the ground, he sees in it nothing more than a wilderness of vegetation which it is his lot to destroy : he does not know then how much that is essential to the comfort of his household is contained in the wild forest.

Let us now pause for a few minutes while we consider what raw material is there ready to be worked up for the use of the Emigrant and his family.

Here is timber for all purposes ; for building houses, barns, sheds, fencing and firewood.

The ashes contain potash, and the ley added to the refuse of the kitchen is manufactured by the women into soap, both hard and soft: or if spread abroad in the new fallow, it assists in neutralizing the acid of the virgin soil, rendering it more fertile and suitable for raising grain crops. From the young tough saplings of the oak, beech and ironwood, his boys by the help of a common clasp knife, can make brooms to sweep the house, or to be used about the doors.—The hickory, oak and rock-elm supply axe handles and other useful articles. From the pine and cedar he obtains the shingles with which his log-house is roofed. The inner bark of the bass-wood, oak and many other forest trees can be made into baskets and mats. Dyes of all hues are extracted from various barks, roots and flowers. The hemlock and oak furnish bark for tanning the shoes he wears. Many kinds of wild fruits are the spontaneous growth of the woods and wilds.

The forest shelters game for his use ; the lakes and streams wild fowl and fish.

The skins of the wild animals reward the hunter and trapper.

From the birch a thousand useful utensils can be made, and the light canoe that many a white settler has learned to make with as much skill as the native Indian.

Nor must we omit the product of the sugar- maple, which yields to the settler its luxuries in the shape of sugar, molasses and vinegar.

These are a few of the native resources of the forest. True they are not to be obtained without toil, neither is the costly product of the silkworm, the gems of the mine, or even the coarsest woollen garment made without labour and care.

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### A FEW HINTS ON GARDENING.

Owing to the frosts and chilling winds that prevail during the month of April, and often into the early part of May, very little work is done in the garden excepting it be in the matter of planting out trees and bushes ; grafting and pruning, and preparing the ground by rough digging or bringing in manure. The second week in May is generally the time for putting in all kinds of garden seeds : any time from the first week in May to the last, sowing may be carried on. Kidney beans are seldom quite secure from frost before the 25th. I have seen both beans, melons, and cucumbers cut off in one night, when they were in six or eight leaves. If the season be warm and showery early sowing may succeed, but unless guarded by glass, or oiled-paper frames, the tender vegetables should hardly be put in the open ground before the 18th or 20th May : corn is never safe before that time. The coldness of the ground and the sharpness of the air, in some seasons, check vegetation, so that the late sowers often succeed better than they who put the seeds in early. Having given some directions in various places about planting corn, potatoes, melons, and some other vegetables, I shall now add a few memoranda that may be useful to the emigrant-gardener. If you wish to have strong and early cabbage-plants, sow in any old boxes or even old sugar-troughs, putting some manure at the bottom, and six or eight inches of good black leaf-mould on the top, and set in a sunny aspect. The plants thus sown will not be touched by the fly. If sown later in May, set your trough on some raised place, and water them from time to time. Or you may sow on the open ground, and sprinkle wood-ashes or soot over the ground : this will protect the plants.—The fly also eats off seedling tomatoes, and the same sprinkling will be necessary to preserve them.

In sowing peas, single rows are better in this country than double ones, as unless there be a good current of air among the plants they are apt to be mildewed.

Lettuces sow themselves in the fall, and you may plant them out early in a bed, when they will have the start of those sown in the middle of May.

Those who have a root-house or cellar usually store their cabbages in the following way : they tie several together by the stem near the root, and then hang them across a line or pole head downwards : others pit them head downwards in a pit in the earth, and cover them

first with dry straw and then with earth above that. The stem with the root should be stored by till spring, when if planted out, they will afford good, early, tender greens at a season when vegetables are not to be had.

There are many substitutes for greens used in Canada. The most common one is the Wild Spinach, better known by its local name of Lamb's-quarter. It grows spontaneously in all garden grounds, and may be safely used as a vegetable. It is tender, and when thrown into boiling water with a little salt, and cooked for five minutes, and drained, and sent to table like spinach, is much esteemed by the country people.

The Mayweed, a large yellow ranunculus that grows in marshy wet places, is also freely used: but be careful to use no wild plant unless you have full assurance of its being wholesome and that no mistake has been made about it. There is another wild green called Cow-cabbage that is eaten, but this also requires an experienced settler to point it out.

It is always well to save your own seeds if you can. A few large carrots should be laid by to plant out early in Spring for seed. Onions the same, also beets, parsnips, and some of your best cabbages.—Seeds will always fetch money at the stores, if good and fresh, and you can change with neighbours.

If you have more than a sufficiency for yourself do not begrudge a friend a share of your superfluous garden seeds. In a new country like Canada a kind and liberal spirit should be encouraged; in out-of-the-way, country places people are dependent upon each other for many acts of friendship. Freely ye will receive, freely give, and do not forget the advice given in the scriptures, "Use hospitality one to another," and help one another when you see any one in distress; for these are opportunities cast in your way by God himself, and He will require the use or abuse of them at your hands.

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Rhubarbs should always find a place in your garden; a cool, shady place and rich soil is best: throw on the bed in the Fall a good supply of long dung, and dig it in in the Spring. A barrel without a bottom put over a good plant, or a frame of an old box, will make the stalks very tender and less acid. The Giant Rhubarb is the best kind to plant.

A bed of Carraways should also find a place in your garden; it is always useful, and the seeds sell well, besides being valuable as a cattle medicine.

A good bed of pot-herbs is essential. I would bring out seeds of Balm, Thyme, and Sweet Basil, for these are rarely met with here.—Sage, Savoury, Mint and Peppermint, are easily got.

Sweet Marjoram is not commonly met with. I would also bring out some nice flower-seeds, and also vegetable seeds of good kinds, especially fine sorts of cabbage. You should learn to save your own seeds. Good seeds will meet with a market at the stores.

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The following plain, practical hints on the cultivation of ordinary garden vegetables, taken from Fleming's printed catalogue, will be found useful to many of our readers.—

Most kinds of seeds grow more freely if soaked in soft water from twelve to forty-eight hours before sowing; seeds of hard nature such as blood-beet, mangel and sugar beets, nasturtium, &c., often fail from want of attention to this circumstance. Rolling the ground after sowing is very beneficial, and will assist in making the seeds vegetate more freely; when a roller is not at hand, it may be done with the back of the spade, by flattening the earth and beating it lightly.—Kidney or French beans, may be planted any time in May in drills two inches deep, the beans two inches from each other, the drills about eighteen inches apart. If a regular succession is required, sow a few every few weeks from the first of May, to the first July. For climbers the best sorts are the white Lima, dwarf white haricot, bush bean and speckled red. Broad or Windsor beans, do not succeed well in this climate, the summer heat coming on them before they are podded, which causes the blossoms to drop off.

The best soil to grow them in is a rich, stiff clay, and on a northern border shaded from the mid-day sun: sow in drills two feet apart, two inches deep, and the seed three inches asunder.

Blood Beet, Long and Short Turnips, may be sown in a good, rich, deep soil, about the first week in May. Draw drills about one foot apart, and one inch deep; sow moderately thick: when the plants are up strong, thin them out the distance of six inches from each other in the rows. Brocoli and Cauliflower require a deep rich soil of a clayey nature, and highly manured. To procure Cauliflower or Brocoli the seed ought to be sown in a hot-bed early in March; when the plants are quite strong and healthy, they may be planted out in the garden about the middle of May. Plant in rows two feet square. The kinds that will do well in this climate are the Early London, and French Cauliflower, Purple Cape and Walcheren Brocoli.

Cabbage, both early and late, may be sown any time in May. The best situation for raising the plant is a rich, damp piece of ground, shaded. Seed sown in a situation of this kind is not so likely to be destroyed by the fly. When the plants are strong they may be planted in rows, and managed the same as directed for cauliflower.

The best kinds for summer use are the Early York, Battersea and Vannack: for winter use the Drumhead, Large Bergen and Flat Dutch.

Cucumbers may be sown in the open ground any time in May.—They require a good rich soil. Sow in hills four feet apart, leaving only four plants on each hill. The cucumber and melon vines are liable to be attacked by a yellow fly or bug. Soot, charcoal-dust or soap-suds, applied to the plants, will assist in keeping them off. Musk cantaloupe, nutmeg and water melons may also be sown at the same time, taking care to sow the different kinds a good distance apart from each other, as they are apt to mix. Plant in hills three feet square, leaving only three plants on each hill. When the plants have grown about six inches, stop or pinch the leading shoot, which will make the plants throw out side shoots, on which you may expect to have fruit.

CARROTS.—The most suitable ground for growing Carrots, is a deep rich soil, that has been well manured the previous year. Sow any time in May, in drills one foot apart, and one inch deep.

When the Carrots are up, thin them out, four inches apart, and keep them free of weeds. The kinds that are generally sown in the garden are, the Early Horn, Long Orange, and Red Surrey: for field culture the white Belgian and Altringham. The produce of one acre of field carrots, when properly cultivated, may be rated at from five hundred to eight hundred bushels. In cultivating them on the field system the drills ought to be two feet apart, and the carrots thinned out at least twelve inches asunder.

CELERY.—This vegetable is much esteemed as a salad. To have early Celery the seed should be sown in a hot-bed, in the month of March; for winter celery the seed may be sown any time before the middle of May. Sow on a small bed of fine rich earth; beat the bed a little with the back of the spade; sift a little fine earth over the seed; shade the bed with a mat or board till the seeds begin to appear. Celery plants ought to be picked out into a nursery-bed, as soon as they are two or three inches high. Cut their roots and tops a little, before planting: water them well, and shade them from the sun, until they begin to grow. Let them remain in the nursery-bed for one month, after which they will be fit to transplant into the trenches.—(*Fleming's Priv'd Catalogue*.)

As a corrective to the sourness of very damp rich new soil, a light sprinkling of wood ashes is very useful. Leached ashes are very good on some soil. The most splendid cabbages I ever saw were raised on ground where the spent ashes from a leech barrel had been ploughed into the soil. The kinds grown were the Conical cabbage and Portugal ivory-stemmed. The plants were from new seed from the Chiswick gardens, and my cabbages caused quite a sensation among the country gardeners.

HOPS.—This most useful plant no settler's house can dispense with: they are generally grown about the fences of the garden, around the

pillars of the verandah, or porch, of the dwelling-house ; or in hills in the garden. When in open ground, the hop must be supported with poles at least ten or fifteen feet high, set firmly in the ground.— The hop must be planted in very rich mould, and early in the Spring, that is before the sprouts begin to shoot above the ground. Two good buds at least are required for every root that you set. The Hop seldom is of much benefit the first year that it is planted, though if the ground be very rich, and the roots strong, the vines will produce even the first year. A little stirring of the mould, and a spadeful or two of fresh manure thrown on the plant in the fall, when the old runners have been cut down, will ensure you a fine crop the second year. Hops will always sell well if carefully harvested. In another part of the book I mention that they should be gathered fresh and green : dull, faded, frost-bitten hops are of little worth. When plucked they should be carefully picked from leaves and stalks, and spread out on a clean floor in a dry chamber ; and when quite dry packed closely into bags and hung up in a dry place. Many persons content themselves with cutting the vines long after they are ripe for gathering, and throwing them into a lumber room, there to be plucked as they are required ; but this is a very slovenly way. Children can pick hops at the proper season, and store them by when dry, without much labour, and just as well as the mother could do it herself.

The following article I have selected from the *Old Countryman*, a popular and useful Canadian paper :—

“ GARDENING.

“ We feel bound constantly to urge upon the attention of our readers the profit and importance of a good garden. Its influence is good every way. It spreads the table with palatable and nutritious food, and fills the dessert dishes with luxuries, and thus saves the cash which must otherwise be paid for beef, ham, veal, and lamb ; besides promoting the health and spirits more than the meat would. Then a good garden is a civilizer. The garden and orchard beautify the home wonderfully and kindle emotions which never die out of the heart.

But we must say a word or two on individual plants, and first of—

**ASPARAGUS.** This is a delicious vegetable. What the old bed requires in the Spring is to cut off the last year's stalks just above the ground, and burn them ; loosen the earth about the roots, and clean up the whole bed. As the sweetness and tenderness of this plant depends upon its rapidity of growth, the soil should be made very rich.

**BEANS** should be planted as soon as you feel secure from frost.— They are ornamental when planted in hills two or more feet apart, with birch sticks stuck about the edge, and tied together at the top.

Then there are peas and beets of two or three kinds, parsnips, carrots, lettuce, radishes, cucumbers, rhubarb, pepper-grass, spinach, salsify, parsley, tomato, turnips, celery, early corn, early potatoes, melons, onions, summer squash, and cabbage, all affording the proper summer nutriment, and requiring a similar soil for their production. Sow and cultivate well a few of each, and you will find your account in it.

**SMALL FRUITS.**—Set red and white raspberries, thimbleberries, black and white, also currants and gooseberries. They are cheap and wholesome food, and as easily raised as potatoes. Any home will have charms for children where these are plentifully grown.

**ORNAMENTAL.** Do not allow the lusty teams and the broad acres,—the grass, the grain, and the tree to occupy all your time, but give a thought and an eye occasionally to the beautiful. Spread out a sunny space for the daughters, where the boys will cheerfully assist them with the spade. What a charming spot! Here are the mixed balsams and carnations; the mignonette, mourning bride, and columbine; there, love-lies-bleeding, and, in the corner, love-in-a-mist, the candy-tuft, and Canterbury bell. Why, you resume your youth here. Time almost ceases to make its mark. Old scenes come thronging to the soul, such as when you sat on the rustic seat in the garden, and dissected flowers with her who is now the mother of these beautiful and happy daughters. Such are the influences of the flower garden. We need not go to the books for poetry, it is nature everywhere, but especially in such a group as this,—

“ There’s beauty all around our paths,  
If but our watchful eyes  
Can trace it midst familiar things,  
And through their lowly guise.”

We insist upon it, that there is time with all to be given to the ornamental. It will make you richer, better, happier, more cheerful, and enable you to die easier, and will have the same influences upon your family, by creating something of the beautiful around you.—*New-England Farmer.*”

The new settler will be surprized at the facility with which in the open ground, he can raise the finest sorts of melons, with as little labour bestowed upon the plants as he has been accustomed to give to cabbages, lettuce or any of the commonest pot-herbs. The rich black mould of the virgin soil, and the superior heat of the sun in a climate where the thermometer often ranges from 80° to 95° for many days together during the summer months, brings both vegetables and fruit to perfection very rapidly. In the Western part of the country, or that portion lying between the great lakes Ontario, Erie and Huron, fruit is grown and ripened that is with difficulty perfected east of Toronto, where the heat is not so ardent, and late and early frosts nip the fair promise of the wall fruit. The peach, apricot and

grape, with many other kinds are rarely met with in the eastern portion of the Province, unless trained on south walls, and protected during the cold season. Pears, however, will grow well : Apples of the finest quality, and many other fruits in the townships between Toronto and Montreal. I have heard that the apples of the Lower Province are considered by horticulturists to be of the finest quality. There are several sorts of apples in great repute in our orchards, and should be cultivated by those who are planting trees—"Pomme-gris," "Canada-red", "St. Lawrence" and "Hawley's Pippin", with some others of excellent reputation ; but as I have devoted a separate section to Apples and the Orchard, I need say no more on this head in this place.

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With a little attention and labour, the vegetable garden may be carried to great perfection by the women and children, with a little assistance from the men at the outset, in digging the ground, and securing the fences, or any work that may require strength to effect. In the new ground the surface is often encumbered with large stones, and these must either remain a blot on the fair features of the garden plot, or be rolled away by the strong arm of the men, aided by the lever. These surface stones may be made very serviceable in filling up the lower part of the fence, or, piled in large heaps, be rendered ornamental by giving them the effect of rockwork. I know many gardeners whose rustic seats, overarched by climbing plants, have been made both useful and ornamental with these blocks of granite and limestone forming the seat. Stone-crop, orpine, and many other plants, set in a little soil among the crevices, have transformed the unsightly masses into an interesting and sightly object. The Wild Cucumber, Orange Gourd, Wild Clematis, and a number of other shrubby climbing-plants, will thrive and cover the rocky pile with luxuriant foliage. Thus by the exertion of a little ingenuity, the garden of the settler may be rendered not only highly useful, but very ornamental. A little taste displayed about the rudest dwelling, will raise the inmates in the eyes of their neighbours. There are very few persons totally insensible to the enjoyment of the beautiful, either in nature or art, and still fewer who are insensible to the approbation of their fellow men ; this feeling is no doubt implanted in them by the Great Creator, to encourage them in the pursuit of purer, more intellectual pleasures than belong to their grosser natures. As men cultivate the mind they rise in the scale of creation, and become more capable of adoring the Almighty through the works of his hands — I think there can be no doubt but that whatever elevates the higher faculties of the soul, brings man a step nearer to his Maker.

How much pleasanter is the aspect of a house surrounded by a garden, nicely weeded and kept, than the desolate chip-yard, unre-

lieved by any green tree or flower, that is so often seen in the new settlements in Canada. What cheerful feelings can such a barren spot excite; what home affections can it nourish in the heart of the emigrant wife? Even though she may have to labour to rear it with her own hands, let her plant a garden.

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### A P P L E S .

The planting of an orchard, which is a matter of great importance to the future comfort of the settler's family, is often delayed year after year, and that is done last, which should have been attended to at the outset.

Not only are apples valuable as a most palatable and convenient article of diet, but also as one of the most wholesome. In a climate where great heat prevails during the summer months, and even later in the fall, the cooling acid of fruit becomes essentially necessary for the preservation of health.

During the first years of the emigrant's life, this want is painfully felt by those who settle down in the backwoods; and a supply should be provided for as early as possible, by planting trees in the first or second year of the settlement.

I cannot too forcibly impress upon the emigrant the advantage he will derive from thus securing to his household, the comforts, I might almost say the blessing, of an orchard.

I would therefore advise him to fence in securely the first acre, or even half acre, of cleared ground about his house, and plant it with young apple-trees. In all the towns now he will find nurseries, where the choicest and best sorts of apples, pears, cherries, and plums, can be bought.

For good root-grafted apples of good character, which will begin to fruit in three years from the planting, the usual price is 1s. 3d. (a quarter dollar.) Pears, plums, and budded cherries, of good sorts, are dearer, say 2s. 6d. the tree. Ungrafted apple-trees, or seedlings of three years growth cost 7½d. (or a York shilling). These last will bear good kitchen fruit, and by chance, if well cared for, a very fine table-apple may be found among them; but those who can afford to lay out a few dollars in securing apples of the first quality, will be wise to do so. But there may be some who are unable to make even this small outlay, and can hardly venture to purchase the ungrafted trees. Let such sow every apple-pip they can obtain, on a bed, set apart in the garden enclosure for that purpose. The fall is the best time to put the pips into the ground; they will come up in the following Spring: but if you sow them in Spring they rarely come up till the following season, while those sown in the Fall come up in the ensuing Spring.

When these nurslings are well up in six or eight leaves, weed them carefully by hand, or with an old knife. The pips should be sown in drills, a foot apart ; the seeds six or eight inches apart ; but as ground is no object, and the young trees will be twice as strong and straight with room allowed to grow in, I would rather weed them out so that each sapling stood eighteen inches apart each way ; you may plant out those you remove, and they will be none the worse for the re-setting.

By the third year these young trees may be grafted, or else they may be removed to the situation in the garden or orchard they are meant to occupy ; and after this removal good well-formed branches may be encouraged, but spurs and sprouts are better kept from filling up the middle of the tree. Seedlings thus managed, and the roots kept well worked about at the surface with the hoe, will stand a fair chance of becoming a valuable orchard. You will be surprised at the rapid advance of these trees in a few years time. A scattering of wood-ashes on the ground, or a little manure, well worked in with the hoe in the Fall, will do great things for your plantation. Many persons grow young nurseries for the sake of grafting on the young vigorous stocks. In Canada root grafting is very much practiced.

My female readers will say, these directions are all very well, but this is men's work ; we women have nothing to do with nurseries, except in the house ; but let me now say a few words on this head.

In Canada where the heavy labour of felling trees and cultivating the ground falls to the lot of the men, who have for some years enough to do to clear ground to support the family and raise means towards paying instalments on the land, little leisure is left for the garden and orchard : the consequence is that these most necessary appendages to a farm-house are either totally neglected or left to the management of women and children. That there is a miserable want of foresight in this, there can be no doubt, for the garden when well cultivated produces as large an amount of valuable crop as any part of the farm.— In any of the towns in the Fall or in Winter, a head of good cabbage will fetch 3d or 4d., onions a dollar a bushel, carrots from 3s. to 4s. a bushel, and other vegetables in like manner ; and as food for the household consumption, they cannot be too highly valued, even for the sake of preserving the health. Nevertheless if the men will not devote a portion of time to the cultivation of the garden, and orchard, the women must, or else forego all the comfort that they would otherwise enjoy.

After all, when the enclosure is made, and the ground levelled and laid out in walks, and plots, the sowing of the seeds, and keeping the crops weeded and hoed, is not so very heavy a task : with the aid of the children and occasional help of one of the elder boys, a good piece of garden may be cultivated. The tending of a nursery of young

trees from the first sowing of the seeds in the ground, is rather a pleasure than a labour; and one which I have taken a delight in from my earliest years.

When I was a child of eight years old, I assisted one of my sisters two years older than myself, under my father's direction, in planting a nursery of walnuts. Those trees now form a fine avenue, and have borne fruit for many years.

Little children can be made to sow the stones of plums, cherries, and apple-pips, in the nursery; these in time will increase and bear fruit in due season: they will all bear fruit without grafting or budding, and they are growing while you are sleeping. In a few years they will be a source of comfort and luxury to your family, and you will not then lament the care that you bestowed upon them.

In the early years of our infant settlement on the banks of the Otonabee river, above the town of Peterboro', all the ladies worked in their gardens, raised their own vegetables, and flowers, and reared the fruit trees which in after years almost overshadowed their dwellings. They felt this work as no disgrace to them, but took pride and pleasure in the success of their labours.

My own garden was full of stumps, and stones, roots and wild bushes, and it cost some trouble to reduce it to smooth working order. I got some help to overcome the first difficulties. The stones, some of them of large dimensions, were removed with a handspike, and built up into a heap. Around the stumps, turf and rubbish of all kinds were heaped, and finally covered with a depth of fine black mould, on which gourds, cucumbers, or melons, were planted, the grass roots and weeds nourishing them as well as a regular hot-bed would have done: by this simple contrivance we got rid of much rubbish, which by degrees was converted into the best of manure, and hid many an unsightly object; the vines of the cucumbers &c. running down the steep sloping sides of the mound, and also covering the stumps with their leaves and fruit.

As I disliked the rough unsightly look of the rail fences, I got an old English settler to enclose my garden (which swept in a bold curved line from each corner of the house) with a wattled fence: this looked very picturesque, but did not last more than three years good. I then collected wild gooseberry bushes, currants, bush honey suckles, hawthorns, wild cherry and plum trees, with all sorts of young bushes, and planted them within side my fence, to make a living fence, when the other should have decayed; and had I remained long enough to complete my plans, I should have had a nice hedge. If we could have procured the proper sort of wands, fit for the purpose, I have no doubt my fence would have proved as lasting as it was pretty to look at. It was the admiration of all my neighbours, and many came to look at "Mrs. Trail's fence."

Next to a picket fence made of split cedars, with cedar posts, a log fence is the best in situations where sawn lumber is not easily procured, but the logs should be secured from rolling by stakes and riders. These fences are only suitable to bush settlements, but as my book is intended for emigrants of all sorts, and conditions, and especially for the working hands, I have dwelt more minutely on such things as may suit their particular circumstances, though I trust it may also contain matter of valuable instruction to all classes.

I must now return to the subject from which I first started, Apple-Orchards and Apples.

I again repeat my advice to buy grafted trees if you can afford to do so. There are agents who travel the country, and penetrate even to the verge of the forest, to collect orders for trees, from different nursery-gardens in the United States, and also from the large towns in Canada. I recommend you to deal with the latter, for this reason; your trees are likely to reach your hands sooner after being taken out of the ground: give your strict orders to have the trees well rooted, and the roots matted; and deal with men of good character, who are well known, and have an established reputation. I will give you a list of the most approved and valuable Apples, at the end of this article.

In planting your trees do not be afraid to make the hole wide enough; it is better to dig the soil well, and let every part be thoroughly worked till it be fine and mellow: this is better than putting manure to the roots, which gardeners do not recommend. With a sharp knife cut the bruised roots, and if the top be large, and the roots small, reduce the branches: if the roots be large and spreading, little pruning is requisite: the young trees that have thriven best have been uncut when planted.

The careful planter will make holes deep, that a good bed of friable, sandy loam may be spread at the bottom to set the trees on. It makes a great difference on what soil the roots are bedded.

Let the tree be held up by one person, while another carefully arranges the roots, so that they lie in a natural way in contact with the soil; then lightly strew in the earth, with the hands, and fill up the hole with good soil, pressing the earth down: when planted, a quantity of half-decayed litter should be placed round the tree, as far as the roots extend: this is called by the gardeners mulching, and serves to keep the ground moist and mellow. If you think it needful to support the tree from the action of the wind, tie it to a stake, but place a bit of old cloth between the stake and the young tree, to keep the bark from being rubbed. "In most cases," says a skilful American horticulturist, "it is better to thin out, than to shorten the branches of the newly taken-up trees; leaves are necessary to the formation of roots, and if you deprive the young tree of all its boughs, you stop its resources for root-growth."

There are two seasons for orchard planting; in the Fall, and the Spring. Now I am myself rather in favour of the Fall planting, if it be not put off too late. \* Many persons plant late, and lose their trees. October is the usual time, and I think it should be done as early in the month as possible. My own idea is that just at the season when the leaf begins to turn yellow, is the safest time for transplanting. If it be put off till the frosts harden the ground, injury to the tender nurslings must follow. In Spring the ground is often too wet, and cold, and the trees get too forward to be removed safely.—April is the Spring month for transplanting, and October in the Fall.

I will now, as well as I can, give you some simple directions about grafting, which is an art often practised by the female hand, as well as that of the professed gardener.

Cut the stock or branch which you design to graft upon, smooth and even, with a sharp knife, or if too large for the knife, with a small fine-toothed pruning saw; with your knife make a cleft of about an inch deep through the crown of the stock, dividing it clean through the bark on either side, into which cleft insert the handle of a budding-knife, which is smooth, and wedge-shaped; or if you are without this useful instrument, have ready a narrow wedge of wood, which will answer all the purposes; this is to keep the cleft open, while you insert the scions or grafts. Select your grafts from any good sorts, from healthy trees, the new, or youngest, growth of wood being chosen. Most grafters cut the scions some days or even weeks before. With a sharp knife pare away the wood on each side, taking care to leave a ridge of bark on your scion, as on this simple circumstance depends the life of the graft. The graft should be about a finger's length, with three distinct buds, one from the base of which you begin to shape the lower part or wedge, which is to be introduced into the cleft. Two grafts, one on each side of the stock, are generally inserted, unless it be in seedling apples, when one will be sufficient. I have seen as many as four scions on the large limbs, but one or two good grafts are better than more.

With your grafting wax at hand, (for clay does not answer in this country as in England,) insert your scions at the edge of the cleft, so that the strip of bark left on it, fills up the opening like a slender gore let into the stock, taking care to bring the edges of the bark of the cleft and the bark of the graft close together, and even, so that neither one shall project beyond the other. Proceed in like manner to your other graft, and then remove the wedge from the centre of the stock; the crack will close, and hold your scions tight: then apply the wax to the sides, covering every part of the seam and a little below, where you see the cracking of the bark; also round the part

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\* Fall planting is now getting more into favour than it was, and earlier planting, say the last week in September.

where the lowest bud rests on the stock : do this effectually, and spread the wax over the crack on the crown of the stock, bringing a little of it all round the edge of the bark, to keep it from drying up. Some wind a strip of cloth, or thread, round, to secure the graft from being moved by any accident : others leave it to chance. You can do so if you like, only there is an old proverb in favor of the binding :

“ Safe bind, safe find.”

I have only described one method of grafting, but there are many equally simple and safe, which any one conversant with the practice of grafting, will describe, or what is still better, cut a branch, and a scion, and show you the process. I learned to graft from a Canadian lady in her own parlour. I will now give you the receipt for preparing the grafting wax.

#### GRAFTING WAX

is made in the following proportions : one part of common beef-tallow ; two parts bees' wax ; and four parts resin. Melt the whole together, pour into a pail of cold water ; rub a little of the grease on your hands, to prevent the wax from sticking, and then as it cools work it well with your hands, first in the water and then on a bit of board, till it is thoroughly kneaded, and will be soft and plastic, without adhering to the fingers or running thin. This wax is spread over the sawn limb and round the graft, and down the wounded bark, so as to exclude the air and moisture ; if too soft add a little more wax, or if too hard a little more tallow.

Some use cobbler's wax, some apply pitch, and the common turpentine from the pines ; but the wax is neatest, cleanest, and best.—Clay is of little use, as it either dries with the sun, or cracks with the frost. Some use bass bark to bind round the grafts.

The tools used by those persons who make grafting a business, or have large orchards, are a grafting saw, a pruning knife, a wedge-handled knife, a small hammer with an axe at one end, for making clefts in the large boughs, and a bag for the tools, with a strap to pass about the shoulder, and a box for the wax, with string, or a coil of wet bass or cedar bark for binding ; but many trees are grafted with only a knife, a saw, and the wax.

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Those who know how to graft should early sow the seeds of apples, pears, plums and cherries in a nursery bed, that they may have good vigorous stocks to graft upon.

Not long since I met with an old-fashioned book on orchard-planting, where the following direction was given :

“ Sow apple-seeds in a ring, at distances of twenty-five feet from ring to ring, on a space intended for an orchard. When your young trees are up, thin out, to two feet apart, keeping them stirred with the



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A. C. BUCHANAN  
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NOTE.—It should be observed that the above information applies more particularly to the present year.—There are some parts of it, however, which will be found useful to intending emigrants and their friends here.

Any further information or new arrangements will appear in future numbers or editions.

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