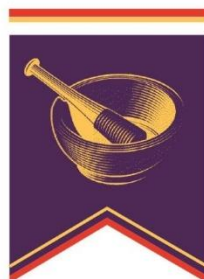


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DU CANADA



CULINARY HISTORIANS
OF CANADA

ANNUAL REPORTS

2026 ANNUAL GENERAL MEETING

St. Matthew's Clubhouse, 450 Broadview Avenue, M4K 2N1
Toronto, Ontario, and via Zoom

Saturday October 3rd, 2026
2:00pm to 4:00pm ET

EXECUTIVE

President	vacant
Past President	Sarah Hood
Vice President	Jane Black
Treasurer	Trudy Bloem
Secretary	Jaymi-Lynn Butler

COMMITTEE CHAIRS

Communications	Sarah Harrison
Education and Outreach	vacant
Membership	Sylvia Lovegren
Programming	Judy Chow

COORDINATORS

Publicity	Laura Carlson
Refreshments	Sherry Murphy, Jan Main
Volunteers	vacant

MEMBERS-AT-LARGE

Caroline Dufour, Kim Mouldsdales

BORAD MEMBER EMERITUS

Fiona Lucas

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CULINARY HISTORIANS
OF CANADA

CULINARY HISTORIANS OF CANADA

Vice-President's Report for 2026 AGM

As I reflect on this year with CHC, two words stand out to me: diversity and volunteers. Soon you'll hear more about how *Culinary Chronicles* #6, which the board members are very proud of, has grown not only in included voices, but also in volunteer writers and editors and a graphic designer.

Speaking of publication, I am reminded of CHC communications chair, Sarah Harrison's work on our quarterly newsletter, *Digestible Bits & Bites*. The book reviews growing diversity in its authors, subject matter, and geography, are made possible through coordinator Ivy Lerner-Frank and her team of volunteer book reviewers.

As a small volunteer-run national organization, CHC thrives when diverse voices are present at our board meetings. Kim Mouldsdales volunteered for our new "Outreach Liaison / Event Greeter" position. Another member, Caroline Dufor, provides invaluable guidance and work towards improving CHC's use of French. For instance, this year the French version of our logo was changed to more gender-inclusive language.

Analytics from our website and Facebook tell us there's interest in Canadian Culinary History. Those of you here today clearly understand the importance of membership and how your fees allow us to do this work and to bring culinary voices from spheres familiar and unfamiliar to the public eye. You, however, comprise a small part of those seeking CHC's work. You will see in the Treasurer's Report how we continue to struggle to raise revenue. You'll also soon hear the results of a membership survey undertaken this past spring that will help us address the gap between those seeking what CHC offers and those willing to pay for memberships.

The money raised by membership fees helps us with administration costs associated with our website and with events, especially as we try to present more events, virtually or in-person, that can be attended by members across Canada. Currently, one person, Judy Chow, is in charge of our programming. To have more in-person events outside Toronto, we need volunteers outside Toronto to help plan and run them. Thus, as we move forward, we hope to welcome more candidates from across Canada onto the board, including members-at-large.

Submitted by Jane Black, Vice-President

CHC Treasurer's Report of Financial Year 2025-2026, ending August 31, 2026

This year we had an increase of Gross revenue of \$2,205.26 over last fiscal year, which came with an increase of associated expenses of \$480.92. But as a result the Net Revenue is up by from last fiscal year by \$1,724.34 with a total Net Revenue this year stated at \$1,760.18.

As of Sept 1st 2026, the CHC current bank account holds \$8,615.77, PayPal Account holds: \$125.32 and the GIC \$8,554.24.

We must thank Judy Chow, our program director, as it is her very hard work that resulted in increasing the number and diversity of our program workshops that have allowed the CHC to be at a revenue gain this year and not a negative figure, although this is still a small amount. Judy has been very adept at managing the related expenditures to keep the net revenue in the accepted range. I have included a financial summary for your review at the end of the financial statements.

The membership revenue this past fiscal year is down by \$155. This sounds like a small difference but the overall membership level is very low for a national organization. The survey completed this year has pointed out the many reasons for this situation which should be reviewed. The membership base, in theory should support the organization administrative costs and activities, but it is the program workshops and events that are keeping the CHC afloat.

CHC is a national organization with programs concentrated in a small area around the GTA of Ontario. The CHC presence is not felt province wide and certainly not felt across Canada. The organization has done stellar work to keep the quality of the publications and research at a high level, along with support for the Taste of Canada award, this has never been in question. But the CHC, as an organization, is lacking essential volunteer power because we are not developing and marketing a base for membership, nor networking with other established historical institutions, and other like minded organizations, for inclusion in CHC activities.

This begs for a larger discussion to take place to explore the potential in directing monies held in our GIC investments, to contract assistance, possibly through educational cooperative internship programs, to assist the CHC develop what is required to revise the membership structure, develop the membership base and our future relationships with a marketing strategy and implementation.

Regards,

Trudy Bloem
Treasurer

Approval of Financial Reports for the Year 2025-2026:

President

Vice President or other

CULINARY HISTORIANS OF CANADA FY 25-26

REVENUE STATEMENT					FY 25-26	FY 24-25
REVENUE	Q1	Q2	Q3	Q4	YTD	
Membership Dues						
* Dues FY 25-26 earned						
Individual	\$ 662.50	\$ 772.50	\$ 772.50	\$ 982.50	\$ 3,190.00	
Family/other	\$ 94.69	\$ 94.69	\$ 94.69	\$ 94.69	\$ 378.75	
Total Membership	\$ 757.19	\$ 867.19	\$ 867.19	\$ 1,077.19	\$ 3,568.75	\$ 3,723.75
Investment Income						
TD GIC	\$ 51.89	\$ 42.60	\$ 41.98	\$ -	\$ 136.47	
Total Investment	\$ 51.89	\$ 42.60	\$ 41.98	\$ -	\$ 136.47	\$ 289.55
Grants						
Grants#1 (apply against ZOOM Fees)	\$ 2.96	\$ -	\$ -	\$ -	\$ 2.96	
Grants#2 (apply against MailChimp Fees)	\$ -	\$ -	\$ 95.82	\$ -	\$ 95.82	
Total Grants	\$ 2.96	\$ -	\$ 95.82	\$ -	\$ 98.78	\$ 1,111.59
Donations						
Dontation-AGM	\$ 20.00	\$ -	\$ -	\$ -	\$ 20.00	
Donations-General	\$ -	\$ 10.00	\$ -	\$ -	\$ 10.00	
Donations-Programs	\$ -	\$ -	\$ -	\$ -	\$ -	
Total Donations	\$ 20.00	\$ 10.00	\$ -	\$ -	\$ 30.00	\$ 70.00
Event Sales						
Jane Austen Birthday	\$ 2,101.54	\$ -	\$ -	\$ -	\$ 2,101.54	
Ukraine Cookbooks	\$ -	\$ 645.09	\$ -	\$ -	\$ 645.09	
Soul Food-Black History	\$ -	\$ 153.61	\$ -	\$ -	\$ 153.61	
J Ota, Book Presentation	\$ -	\$ 939.39	\$ 40.09	\$ -	\$ 979.48	
N Cooke Book Presentation	\$ -	\$ -	\$ 980.68	\$ -	\$ 980.68	
Queer Food	\$ -	\$ -	\$ 112.90	\$ 121.94	\$ 234.84	
Burlington Museum	\$ -	\$ -	\$ 235.65	\$ 252.95	\$ 488.60	
After The War	\$ -	\$ -	\$ -	\$ 280.74	\$ 280.74	
Other-AGM Silent Auction/Book Sales	\$ 349.00	\$ -	\$ -	\$ -	\$ 349.00	
Total Event Sales	\$ 2,450.54	\$ 1,738.09	\$ 1,369.32	\$ 655.63	\$ 6,213.58	\$ 2,579.43
Merchandise sales						
Culinary Chronicles (\$10)	\$ 10.00	\$ -	\$ -	\$ -	\$ 10.00	
Victorian Baking (booklet) (\$8)	\$ -	\$ -	\$ -	\$ -	\$ -	
Victorian Baking (video) (\$18)	\$ -	\$ -	\$ -	\$ -	\$ -	
Other	\$ -	\$ -	\$ -	\$ -	\$ -	
Total Merchandise Sales	\$ 10.00	\$ -	\$ -	\$ -	\$ 10.00	\$ 78.00
TOTAL REVENUE	\$ 3,292.58	\$ 2,657.88	\$ 2,374.31	\$ 1,732.82	\$ 10,057.58	\$ 7,852.32

EXPENSES	Q1	Q2	Q3	Q4	FY 25-26	FY 24-25
					YTD	
Admin Operations						
AGM Expenses						
Miscellaneous	\$ -	\$ -	\$ -	\$ -	\$ -	
Other	\$ 342.18	\$ -	\$ -	\$ -	\$ 342.18	
Total AGM	\$ 342.18	\$ -	\$ -	\$ -	\$ 342.18	\$ 137.73
Processing fees						
Bank	\$ 22.35	\$ 20.85	\$ 23.85	\$ 22.35	\$ 89.40	
DreamHost	\$ -	\$ 223.26	\$ -	\$ -	\$ 223.26	
EventBrite	\$ 212.04	\$ 202.14	\$ 129.19	\$ 73.94	\$ 617.31	
Mailchimp	\$ 222.85	\$ 218.36	\$ 218.92	\$ 230.22	\$ 890.35	
PayPal	\$ 34.93	\$ 12.72	\$ -	\$ 6.00	\$ 53.65	
Square	\$ 10.79	\$ -	\$ -	\$ -	\$ 10.79	
Zoom	\$ -	\$ -	\$ 259.79	\$ -	\$ 259.79	
Total Processing Fees	\$ 502.96	\$ 677.33	\$ 631.75	\$ 332.51	\$ 2,144.55	\$ 1,930.95
Insurance						
D & O Insurance		\$ -	\$ -	\$ 652.32	\$ 652.32	
Liability insurance	\$ -	\$ -	\$ -	\$ 631.80	\$ 631.80	
Total Insurance	\$ -	\$ -	\$ -	\$ 1,284.12	\$ 1,284.12	\$ 1,340.28
Membership & Honoraria						
Ontario Historical Society	\$ -	\$ -	\$ 65.00	\$ -	\$ 65.00	
Honoraria	\$ -	\$ -	\$ -	\$ -	\$ -	
CAFS	\$ -	\$ -	\$ 200.00	\$ -	\$ 200.00	
Total Mem & Hon	\$ -	\$ -	\$ 265.00	\$ -	\$ 265.00	\$ 265.00
Other Expenses						
PO Box Rental (TFPO)	\$ -	\$ 195.00	\$ -	\$ -	\$ 195.00	
Postage & Mail	\$ -	\$ -	\$ -	\$ -	\$ -	
Printing (non-program)	\$ -	\$ -	\$ 220.35	\$ -	\$ 220.35	
Other-IT	\$ 322.03	\$ -	\$ -	\$ -	\$ 322.03	
Total Other	\$ 322.03	\$ 195.00	\$ 220.35	\$ -	\$ 737.38	\$ 258.12
Outreach / Education Program						
RAWF Sponsorship	\$ -	\$ -	\$ -	\$ -	\$ -	
Taste Canada Sponsorship	\$ 1,500.00	\$ -	\$ -	\$ -	\$ 1,500.00	
Other-Misc	\$ -	\$ -	\$ -	\$ -	\$ -	
Total O/E Programs	\$ 1,500.00	\$ -	\$ -	\$ -	\$ 1,500.00	\$ 1,500.00
Event Programs						
Event Venue Rental	\$ 130.00	\$ -	\$ 260.00	\$ 330.00	\$ 720.00	
Event expense (hon)	\$ 160.00	\$ 300.00	\$ 150.00	\$ 300.00	\$ 910.00	
Printing	\$ -	\$ -	\$ -	\$ -	\$ -	
Other	\$ -	\$ 161.63	\$ 174.39	\$ 58.15	\$ 394.17	
Total Event Programs	\$ 290.00	\$ 461.63	\$ 584.39	\$ 688.15	\$ 2,024.17	\$ 2,255.68
Merchandise Materials						
Culinary Chronicles	\$ -	\$ -	\$ -	\$ -	\$ -	
Victorian Baking Booklets	\$ -	\$ -	\$ -	\$ -	\$ -	
Video production	\$ -	\$ -	\$ -	\$ -	\$ -	
Printing	\$ -	\$ -	\$ -	\$ -	\$ -	
Other-Misc	\$ -	\$ -	\$ -	\$ -	\$ -	
Total Merchandise	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 128.72
TOTAL EXPENSE	\$ 2,957.17	\$ 1,333.96	\$ 1,701.49	\$ 2,304.78	\$ 8,297.40	\$ 7,816.48
REVENUE NET EXPENSE	\$ 335.41	\$ 1,323.92	\$ 672.82	-\$ 571.96	\$ 1,760.18	\$ 35.84

NOTES:

* Memberships revenue recognized per quarter, as earned

STATEMENT OF FINANCIAL POSITION

Balance Sheet	At Q1	At Q2	At Q3	At Q4***	FY 24-25
Assets					
Cash and Cash Equivalents					
Current Bk Account-Qtr End	\$ 11,209.61	\$ 9,979.63	\$ 10,073.93	\$ 8,615.77	\$ 8,259.11
PayPal	\$ 316.53	\$ 217.19	\$ -	\$ 125.32	\$ 465.86
Investments					
Current GIC-Qtr End	\$ 8,469.66	\$ 8,512.26	\$ 8,554.24	\$ 8,554.24	\$ 8,417.77
Accounts Receivable	\$ -	\$ -	\$ -	\$ 1,935.95	\$ 1,935.95
Prepaid					
Dreamhost	\$ -	\$ -	\$ -	\$ -	
Insur	\$ -	\$ -	\$ -	\$ -	
ZOOM	\$ -	\$ -	\$ -	\$ -	
Prepaid AGM Venue	\$ -	\$ -	\$ -	\$ 137.50	
Total Assets	\$ 19,995.80	\$ 18,709.08	\$ 18,628.17	\$ 19,368.78	\$ 19,078.69
Liabilities					
Accounts Payable	\$ -	\$ -	\$ -	\$ -	\$ 450.95
Deferred Grants					
Grant #1	\$ -	\$ -	\$ -	\$ -	\$ 2.96
Grant #2	\$ 95.82	\$ 95.82	\$ -	\$ -	\$ 95.82
Unearned Membership Revenue					
FY 25-26, Individual	\$ 1,987.50	\$ 1,545.00	\$ 772.50	\$ -	\$ 1,550.00
FY 25-26, Family/other	\$ 284.06	\$ 189.38	\$ 94.69	\$ -	\$ 253.75
FY 26-27, Individual	\$ 196.25	\$ 432.50	\$ 668.75	\$ 940.00	\$ 240.00
FY 26-27, Family/other	\$ 18.75	\$ 18.75	\$ 18.75	\$ 18.75	\$ 18.75
FY 27-28 Individual	\$ -	\$ -	\$ -	\$ -	\$ -
FY 27-28, Family/other	\$ 18.75	\$ 18.75	\$ 18.75	\$ 18.75	\$ 18.75
FY 28-29 Individual	\$ -	\$ -	\$ -	\$ -	\$ -
FY 28-29 Family/Other	\$ -	\$ -	\$ -	\$ -	\$ -
Total Liabilities	\$ 2,601.13	\$ 2,300.20	\$ 1,573.44	\$ 977.50	\$ 2,630.98
Equity	\$ 17,394.67	\$ 16,408.89	\$ 17,054.73	\$ 18,391.28	\$ 16,447.71
Equity + Liability	\$ 19,995.80	\$ 18,709.08	\$ 18,628.17	\$ 19,368.78	\$ 19,078.69

Evenbrite and Walk in Cash Tickets for 2025-2026 CHC Program Workshops

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Communications Committee Report for 2026 AGM

Since the last time I addressed the membership, I have become more capable in my volunteer role on the board of the Culinary Historians of Canada. As the Communications Chair, I have made sure to send the newsletter to your inboxes on a quarterly basis, informing our membership about a wide variety of food events, both CHC related and otherwise.

Our numbers have remained steady in terms of communicating to both members and non-members about food related occurrences around Toronto and the provinces. At present, we have slightly less than 1,000 total subscribers to our *Digestible Bits & Bites* newsletter to keep readers informed of culinary news as it relates to Canadian content.

We have been updating the website with current and upcoming CHC events which have occurred throughout the year, including the Taste Canada nominees for 2026 (which will be posted soon). Additionally, on a weekly basis, the Culinary Historians of Canada website gets anywhere between 7,000 – 8,000 unique visits, mostly through people searching on their desktop computers.

In terms of our social media presence, we have approximately 5,000 members on our private Facebook group, and additionally have attracted 192 followers on our separate Facebook page. I assist in monitoring the social media accounts so that appropriate, relevant items get posted to both the private group and the Facebook page. I post to that page occasionally; but I remain extremely grateful to Judy Chow, our Programs Chair, for keeping the membership abreast of our events by posting on the group page on a regular, consistent basis.

None of this would even be possible without the support and guidance of our past president and previous Communications Chair, Sarah Hood. She has coached me and assisted me in creating the newsletter to be sent out every four months, and assistance in updating the website on a regular basis.

Once again, I want to give a shout out to our flotilla of book reviewers who keep us informed about all the new food-themed books arriving ready to eat from the ovens of various publishing houses. I want to give special thanks to Ivy Lerner-Frank, who is our intrepid book review editor, and who ensures that everyone writes their book review and sends them in for publication in the *Digestible Bits & Bites* newsletter. An extra big thank you should go out to all our intrepid reviewers who consistently write excellent book reviews for the newsletter, including, but not limited to, the following people.

1. Julia Armstrong

2. Judy Corser
3. Luisa Giacommetti
4. Sher Hackwell
5. Frances Latham
6. Maya Love
7. Fiona Lucas
8. Jan Main
9. Bennett McCardle
10. Abby Stansfield
11. Elka Weinstein
12. Ania Young

On a more serious note, there have been several incidents of bad actors gaining access to past membership lists, and sending phishing attempts to our members via email in the last several months. These odd requests can range from asking for overdue membership fees, requesting the user to speak at non-existent food themed events, or for other fraudulent purposes.

We have removed past member information from the website in the hopes that these sorts of incidents will be less likely to occur again. However, if and when it happens in the future, be on the lookout for these warning signs, summarized from the [Canadian Centre for Cybersecurity](#):

- Use of urgent or threatening language (is there a sense of urgency in the email)?
- Requests for sensitive information (i.e. links directing you to suspicious login pages);
- Does it sound too good to be true? (such as prizes you have to pay to receive).
- Unexpected emails (receipts for items you did not purchase, or package tracking);
- Information mismatches (such as spelling errors, incorrect sender email addresses);
- Suspicious attachments (attachments with weird filenames, uncommon file types);
- Unprofessional design (incorrect or blurry logos, emails with little to no formatting).

Be sure to remember these red flags, so that we can help you keep your information secure and the communication channels open for everyone at Culinary Historians of Canada to enjoy!

Submitted by Sarah Harrison, Chair

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CULINARY HISTORIANS
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Culinary Historians of Canada Report of the Membership Committee 2026

As of August 31, 2026:

Number of Dues-Paying Members in Good Standing: 114

Number of Honorary & Reciprocal Members: 15

Membership has remained basically static since last year, when we had a total of 128 members. Reminders were sent out to lapsed members at the end of 2025. Renewal notices for those with memberships expiring at the 2026 AGM were sent out August 29. As of the date of this report, 48 members still needed to renew their membership.

The Membership Committee, under the leadership of Caroline Dufour, conducted a survey of CHC members and social media users, which number over 5,000 on CHC's Facebook page, with a few other participants on other sites. The survey was designed to investigate the gap between the number of dues paying members and the number of individuals following CHC on social media. It also asked questions about, among other things, their views on different aspects of CHC activities and membership benefits. 192 participants answered the survey. Of those, five respondents were randomly chosen for one free year of CHC membership. The survey allowed respondents to give elaborate answers. The responses provided were complex, with many thoughtful, long-form answers. As of August 31, Caroline is still evaluating the results. Once she has finished compiling them, she will share the results with the Board.

One additional action item the committee has taken was asking a committee member to attend all CHC's in-person events to help with membership outreach, as well as assisting program with attendance, etc. Kim Mouldsdale has taken on that task and for that, we thank her.

Sylvia Lovegren, Chair

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Programming Committee Report for 2026 AGM

EVENT (Leaders / Guest Speakers)	LOCATION	DATE
Jane Austen 250 th birthday celebration (Mya Sangster, Dr. Lorraine Clark, Dr. Theresa Moritz)	Campbell House, Toronto, ON	November 22, 2025
My search for Ukrainian-Canadian Cookbooks (Joyce Sirski-Howell)	Virtual event on Zoom	January 15, 2026
Saloons to Soul food – Being Black on King (Faith Ebanks)	Virtual event on Zoom	February 12, 2026
Delicious & Profound History of The Dining Room (John Ota)	Campbell House, Toronto, ON	March 28, 2026
What's on the menu? Tastes, traditions and tantalizing questions (Dr. Nathalie Cooke)	Campbell House, Toronto, ON	April 25, 2026
Ingredients for Queer Food and the Makings of a Feminist Restaurant (Dr. Alex Ketchum)	Virtual event on Zoom	June 18, 2026
Hearth baking workshop at Ireland House & visit to the <i>Eat Make Share</i> exhibit at the Joseph Brant Museum	Ireland House & Joseph Brant Museums, Burlington, ON	July 11, 2026
Plenty More-After the war: Advertising sugar during WWII (Brandi Adams)	Virtual event on Zoom	August 17, 2026
Annual General Meeting History of maple syrup (Peter Kruitendrover)	St. Matthew's Clubhouse, Toronto, ON	October 3, 2026

I wish to thank everyone who attended an in-person or virtual event for their support of programming activities hosted by CHC. Appreciation also goes out to our guest presenters and event volunteers whose efforts greatly contributed to the success of the programming calendar this year.

Submitted by Judy Chow, Chair

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Publicity Committee Report for 2026 AGM

Laura joined the CHC Board in March 2026, filling the vacant Publicity Coordinator position. Thus far, she's focused on expanding collaborations with other organizations to promote CHC events, including a new partnership with PRIDE Toronto that corresponded with the June 2026 webinar featuring Dr. Alex Ketchum. For the upcoming year, she'll continue to explore cross-promotions with other historical and/or culinary history organizations both nationally and internationally. She is also the main point of contact for media inquiries: we've recently received requests for interviews from Canadian Living and URBANIA, a Montreal-based media outlet.

Submitted by Laura Carlson, Coordinator